

# Pulls Me In

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Dawn Rathbun (USA) - June 2017  
音樂: There's Nothing Holdin' Me Back - Shawn Mendes



## Step Lock, Shuffle, Cross, Back, Side, Crossing Shuffle

1 2      Step forward R, Step L behind R  
3&4      Step forward R, Step L together next R, Step forward R  
5&6      Cross L over R, Step back R, Step side L  
7&8      Cross R over L, Step L together R, Cross R over L

## ¼ Rock, Left Sailor, Right Sailor, Weave

1 2      Step side L (dipping L shoulder down), turn ¼ Left step back R (dropping R shoulder down)  
3&4      Step L behind R, ball R next L, Step side L  
5&6      Step R behind L, ball L next R, Step side R  
7&8      Step L behind R, Step R together next L, Cross L over R

## Sway, Shuffle, Cross Rock, ¼ Shuffle

1 2      Stepping side R sway hips R, sway hips L  
3&4      Step side R, step L together next L, Step side R  
5 6      Cross L over R, Recover back R  
7&8      Step L ¼ Left, step together R next L, Step forward L

## Step Touch, Step Back Touch, Shuffle Back 2x

1 2      Step forward R, Touch L toe to side  
3 4      Step back L, Touch R toe to side  
5&6      Step back R, Step L together next R, Step back R  
7&8      Step back L, Step R together next L, Step back L

## 1/4 Back Rock 1/4, Shuffle Forward, Side, Cross, Side, Sailor

1 2      Making ¼ R ball R (push R palm of hand down toward floor L hand front chest area pushing palm down toward floor), Recover L forward ¼ L (while pushing off R)  
3&4      Step forward R, Step together L, step forward R  
5 6 7      Step side L, Cross R over L, Step side L  
8&1      Step R behind L, ball L next R, step side R

## Weave, Chase Pivot 2x, Mambo

2&3      Step L behind R, step side R, Cross L over R  
4&5      Step forward R, turn ½ L, Step forward R  
6&7      Step forward L, turn ½ R, Step forward L  
8&1      Step forward R, Step back L, step back R

## Back, Coaster 1/4, ¼ Skate, ¼ Skate, Side, Cross Rock

2 3&4      Step back L, Step back R, step together L next R, Step side R ¼ L  
5 6      Step L ¼ L, Step R ¼ L (Skates are making a backward C with foot)  
7 8&1      Step side R, Cross R over L, Recover back L, Step side R

## Slide Touch, Rock Back, Pivot, Step Forward, Touch

2 3 4      Slide L next R and touch L, Step back on L, Recover forward R  
5 6      Step forward L, Pivot ½ R (weight R)  
7 8      Step forward L, Touch R next Left

