

Strip That Down Baby

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Annemaree Sleeth (AUS) - June 2017
音樂: Strip That Down (feat. Quavo) - Liam Payne : (Single - iTunes)



WRITTEN TO SPLIT THE FLOOR TO THE HARDER DANCES OUT THERE

Starts On 16 Counts on "Been"

SEC 1 [1 - 8] PRISSY WALK, PRISSY WALK, STEP LOCK STEP, CROSS, BACK, BACK OUT, OUT

1 - 2 Slightly Cross R Over L Forward, Slightly Cross L Over R Forward
3 & 4 Step R Forward, Lock/Cross L Behind R, Step R Forward
5 - 6 Cross L Over Right, Step R Back
7 Step L Back
&8 Step R Back Out Side, Step L Out Side Both (Hands Out To Sides)

Optional Styling &8 dd a Heel Lift for fun and shoulder shrug up down

SEC 2 [9 - 16] TAP, CENTRE, TAP, CENTRE, RIGHT HEEL TOE SWIVEL L HEELS TOES SWIVELS

1 - 2 Tap R Heel In Towards L, Return R Heel To Centre (Wgt R)
3 - 4 Tap L Heel In Towards R, Return L Heel To Centre (Wgt L) Both Feet Apart
5 - 6 Swivel R Heel To L, Swivel R Toes To L,
7 & 8 Swivel Both Heels L, Swivel Both Toes L, Swivel Both Heels L

Restart: Here During Wall 4 facing 9.00

SEC 3 [17 - 24] KICK BALL CROSS X 2, SIDE, TOUCH, SIDE, TOUCH

1 & 2 Kick On R Diagonal, Step On Ball Of R, Cross L Over R
3 & 4 Kick On R Diagonal, Step On Ball Of R, Cross L Over R
5 - 6 Step R Side Bending Knees, Touch L Behind R High (Click Fingers Up High)
7 - 8 Step L Side Bending Knees, Touch R Behind (Click Fingers Down Low)

Optional Styling: (Hands On Your Body During Lyrics Have Fun !)

SEC 4 [25 - 32] SYNCOPATED ROCKING CHAIR, ¼ L SIDE, TAP, SIDE, TOUCH

1 & 2 & Rock R Forward, Recover L, Rock R Back, Recover L
3 & 4 & Rock R Forward, Recover L Rock R Back, Recover L,
5 - 6 Step R ¼ L Side Bending Knees, Tap L Heel In Toward R
7 - 8 Step L Side, Touch R Beside L

Easier Option Normal Rocking Chair Counts 1-4

Finish To The Front Finish Dance and Turn To Front And Pose

Email: inlinedancing@gmail.com

Youtube Site: Annemaree Sleeth

VERSION 1

Last Update - 17th July 2017