That Man



拍數: 32 牆數: 4 級數: Absolute Beginner - with Options

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#32-Count Intro

Sec. 1 (1-8) □WalkFrwd3x(RLR), PointToLeft; WalkBkwrd3x(LRL), PointToRight
1 2 3 4 StepRightFrwd, StepLeftFrwd, StepRightFrwd, PointLeftToLeft
5 6 7 8 StepLeftBkwd, StepRightBkwd, StepLeftBkwd, PointRightToRight

Sec. 2 (9-16) □Repeat Sec.1 as described above (or on counts 6 and 7 instead of two plain steps backward (R&L), do Sweep Step R and Sweep Step L, as described below under Modifications)

Sec. 3 (17-24) JazzBox2x

1 2 3 4 CrossStepRightFootOverLft, StepLeftBkwd, StepRightToRightSide, StepLeftBesideRight

5 6 7 8 Repeat 1-2 above

Sec. 4 (25-32) 1/4RJazzBox; JazzBox (or change the last JazzBox into 4 Sways R,L,R,L)

1 2 CrossStepRightFootOverLft, StepLeftBkwd,

3 4 TurnBody1/4RightAndStepWithRight (3:00), StepLeftBesideRight

5 6 7 8 CrossStepRightFootOverLft, StepLeftBkwd, StepRightToRightSide, StepLeftBesideRight

EOD

Modification Options for Advancing Beginners:

-Do Sec. 1 as described above with no changes i.e. WalkWithPoint (forward & backward)

-When doing Sec. 2, keep all the same i.e. WalkWithPoint (forward & backward) except for counts 6 and 7 instead of just taking a regular step backward on both 6 and 7, SweepStepRightFoot on 6, and SweepStepLeftFoot on 7 i.e.:

1 2 3 4 StepRightFrwd, StepLeftFrwd, StepRightFrwd, PointLeftToLeft

5 StepLeftBkwd

SweepRightBkwdAndStepBehindLeftFootSweepLeftBkwdAndStepBehindRightFoot

8 PointRightToRight
-Keep Sec. 3 as is i.e. 2 Jazz Boxes

-On Sec. 4, do the 1/4RightTurningJazz as is, then SwayRightLeftRightLeft instead of doing the final JazzBox

i.e.:

1 2 CrossStepRightFootOverLft, StepLeftBkwd,

3 4 TurnBody1/4RightAndStepWithRight (3:00), StepLeftBesideRight

5 6 7 8 StepRightFootToRightSideAndSwayRight, SwayLeft, SwayRight, SwayLeft

Feel free to use one modification and not the other if that's best for your students.

Have fun

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