

I Could Be The One

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Nathan Gardiner (SCO) - June 2017
音樂: Be the One - Dua Lipa



Intro: 16 counts

Syncopated Rocking Chair, R Lock Step, L Rumba Box

1&2& Rock forward on R, Recover on L, Rock back on R, Recover on L
3&4 Step forward on R, Lock L behind R, Step forward on R
5&6 Step L to L side, Step R next to L, Step back on L
7&8 Step R to R side, Step L next to R, Step forward on R

Chasse ¼ L, Step Pivot ¼ L Cross, Hinge ½ R Cross, Side Rock, Recover

1&2 Step L to L side, Step R next to L, ¼ L stepping forward on L
3&4 Step forward on R, Pivot ¼ L, Cross R over L
5&6 ¼ R stepping back on L, ¼ R stepping R to R side, Cross L over R
7-8 Rock out to R side, Recover on L

Syncopated Rocks, Cross Rock, Recover, Side R & L

1&2& Cross rock R over L, Recover on L, Rock out to R side, Recover on L
3&4 Cross rock R over L, Recover on L, Step R to R side
5&6& Cross rock L over R, Recover on R, Rock out to L side, Recover on R
7&8 Cross rock L over R, Recover on R, Step L to L side

Cross, Side L, Back, Behind, ¼ R, Step Forward, Step Pivot ¼ L Step, Step ¾ R, Side L

1&2 Cross R over L, Step L to L side, Step back on R
3&4 Step L behind R, ¼ R stepping forward on R, Step forward on L
5&6 Step forward on R, Pivot ¼ L, Step forward on R
7&8 Step forward on L, Pivot ½ R, ¼ R stepping L to L side

Restart: On wall 4 after 16 counts

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