

Feel The Moment

COPPERKNOB
BY STEPHEN HETS

拍數: 56 牆數: 1 級數: Phrased Advanced
編舞者: David Villellas (IT) - June 2017
音樂: Walla Walla Prison - Scotty Alexander



Seq: A - B - A - B - A - B - A - C - B - A - B - Tag - A (Restart) - A - C - B - A (Restart)- A(End)

A : 19 counts

Sect A1: "RUNNING MAN" RIGHT AND "RUNNING MAN" LEFT

- 1 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 2 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
- 3 & Jump out R forward L back weight on both feet - Jump both back to center
- 4 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 5 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
- 6 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 7 & Jump out L forward R back weight on both feet - Jump both back to center
- 8 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L and
¼ Turn left

Sect A2: ½ LEFT TURNING "RUNNING MAN" RIGHT AND ½ LEFT TURNING "RUNNING MAN" LEFT

- 1 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 2 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L and
¼ Turn left
- 3 & Jump out R forward L back weight on both feet - Jump both back to center
- 4 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R and
¼ turn left
- 5 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
- 6 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R and
¼ turn left
- 7 & Jump out L forward R back weight on both feet - Jump both back to center
- 8 Jump out L forward R back weight on both feet

A-Restart here

Sect A3: FULL TURN RIGHT WITH STOMP, STOMP UP

- 1 ½ Turn right step R
- 2 ½ Turn right stomp L
- 3 Stomp up R next to L

A(End)

Sect AE1: "RUNNING MAN" RIGHT 2x FULL TURN WITH STOMP

- 1 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 2 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
- 3 & Jump out R forward L back weight on both feet - Jump both back to center
- 4 Jump out R forward L back weight on both feet
- 5 - 6 ½ Turn right step back L - ½ Turn right step forward R
- 7 - 8 ½ Turn right step back L - ½ Turn right stomp forward R heavymetalcowboy.ch

B: 18 counts

Sect B1: CHARLSTEN STEP WITH SWIVEL ACTON (STARTING RIGHT), SHUFFLE STEP SIDEWARDS, STEP, TOUCH (ALTERNATIV WITH SWIVEL ACTION)

- & Swivel L heel to left and flick R slightly to side
- 1 Step forward R, swivel R heel to left and L heel right at same time
- & Swivel L heel to left and flick R slightly to side

- 2 Step back R, swivel R heel to left and L heel right at same time
- & Swivel R heel to right and flick L slightly to side
- 3 Step back L, swivel L heel to right and R heel left at same time
- & Swivel R heel to right and flick L slightly to side
- 4 Step forward L, swivel L heel to right and R heel left at same time
- & Swivel L toe to right and flick R slightly to side
- 5 Swivel L heel to right and step R next to L, swivel R heel to left at same time
- & Swivel L toe to right and flick R slightly to side
- 6 Swivel L heel to right and step R next to L, swivel R heel to left at same time
- 7 Step forward R
- 8 Touch L forward

Alternativ: Normal Charlsten Step for count 1 to 4
Swivel Action for count 7 to 8 (Charlsten Step)

Sect B2: ½ TURN, FULL TURN JUMPING JAZZBOX, BACK ROCK, GRAPEVINE, TOUCH, 1 ½ ROLLING VINE, KICK

- 1 ½ Turn left step L
- 2 & ¼ Turn left cross R over L - ¼ Turn left kick R forward
- 3 & ¼ Turn left kick L - ¼ Turn left Cross L over R
- 4 & Back Rock R - Recover on L
- 5 & Side step R - Cross L behind R
- 6 & Side step R - Touch L to side
- 7 & ½ Turn left step L - ½ Turn left step R
- 8 & ½ Turn left step L - Kick forward R

Sect B3: FULL TURN RIGHT, STOMP UP

- 1 & ½ Turn left Step R - Flick L and turn ½ left
- 2 Step L heavymetalcowboy.ch

C: 19 counts

Sect C1: "RUNNING MAN" RIGHT AND "RUNNING MAN" LEFT

- 1 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 2 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
- 3 & Jump out R forward L back weight on both feet - Jump both back to center
- 4 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 5 & Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
- 6 & Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
- 7 & Jump out L forward R back weight on both feet - Jump both back to center
- 8 Jump out L forward R back weight on both feet

Sect C2: ROCK, ½ TURN, ½ TURN STOMP, FLICK, STOMP, APPLE JACK

- 1 - 2 Jumping rock step forward right - ½ Turn right step R
- 3 & 4 ½ Turn right stomp up L - Flick L and slap with left hand - Stomp L next to R
- & 5 Swivel L heel to right and R toe right - back to center
- & 6 Swivel R heel to left and L toe to left - back to center
- & 7 Swivel L heel to right and R toe right - back to center
- & 8 Swivel R heel to left and L toe to left - back to center

Sect C3: FULL TURN RIGHT, STOMP UP

- 1 ½ Turn right step R
- 2 ½ Turn right stomp L
- 3 Stomp up R next to L

Tag:-

Sect T1 KICK, ½ TURN FLICK, ½ TURN KICK, FLICK, KICK, FLICK, STOMP

- 1 & Kick forward R - ½ Turn left with flick L (Jumping on R)
- 2 & ½ Turn left and kick L - Jump on L and flick back R
- 3 & Kick forward R - Jump on R and flick back L
- 4 Stomp L next to R

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