

Ride The Roller Coaster

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Vivienne Scott (CAN) - June 2017
音樂: Roller Coaster Ride - Eric Church : (CD: Urban Cowboy - iTunes and amazon)



Intro: 36 counts (Start on lyrics)

Alt. music: 'Be Mine' by Offenbach (iTunes and amazon)

Intro: 32 counts (Start on "mine")

#1: □STEP FORWARD, TOUCH BEHIND, STEP BACK, KICK, BACK ROCK/RECOVER, SHUFFLE FORWARD

1-2 Step forward on right. Touch left toe behind right (bending knees).
3-4 Step back on left. Kick right forward.
5-6 Rock back on right. Recover on left.
7&8 Shuffle forward stepping right-left-right.

#2: □SIDE, TOGETHER, SHUFFLE FORWARD, HEEL GRIND 1/4 TURN, BACK ROCK/ RECOVER

1-2 Step left to left side. Step right beside left.
3&4 Shuffle forward stepping left-right-left
5-6 Touch right heel forward. With weight on right heel grind 1/4 turn right stepping left to left side.
7-8 Rock back on right. Recover on left.

#3: GRAPEVINE, CROSS, CHASSE RIGHT, ROCK BACK/RECOVER

1-2 Step right to right side. Cross left behind right.
3-4 Step right to right side. Cross left over right.
5&6 Step right to right side. Step left beside right. Step right to right side.
7-8 Rock back on left. Recover onto right.

(Option: Counts 1-3 Rolling Vine, 4 Cross left over right)

#4: SHUFFLE 1/2 TURN, SWAYS, KICK-BALL-CHANGE, HEEL, HOOK

1&2 Shuffle 1/2 turn right stepping left-right-left.
3-4 Step/sway right to right side. Sway left
5&6 Kick right forward. Step right beside left. Step left beside right.
7-8 Touch right heel forward. Hook right across left.

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