

Start Over Again

拍數: 64 牆數: 2 級數: Improver
編舞者: Séverine Fillion (FR) - June 2017
音樂: Start Over - Zac Brown Band : (Album: Welcome Home, 2017)



Intro : 12 counts

[1-7] STEP FWD, ROCK STEP FWD, BACK STEP LOCK STEP, ROCK BACK

1-2-3 Right step fwd, Rock step left fwd, recover on right
4&5 Left step back, « lock » right cross over left, left step back
6-7 Rock back on right, recover on left

[8-16] CROSS SAMBA X 3, ROCK STEP FWD, 1/4 TURN & SIDE

8&1 Right cross over left, Rock step left to left, recover on right
2&3 Left cross over right, Rock step right to right, recover on left
4&5 Right cross over left, Rock step left to left, recover on right
6-7 Rock step left fwd, recover on right
8 1/4 turn left stepping left to the left 9 :00

[17-24] CROSS SHUFFLE, SIDE SHUFFLE, CROSS SHUFFLE, SIDE ROCK

1&2 Right cross over left, left to left, right cross over left
3&4 Left to left, right next to left, left to left
5&6 Right cross over left, left to left, right cross over left
7-8 Rock step left to left, recover on right

[25-32] CROSS, FLICK, CROSS, FLICK, STEP 1/2 TURN, 1/4 TURN & SIDE SHUFFLE

1-2 Left cross over right, right Flick diagonally right back (option : Point right to right side)
3-4 Right cross over left, left Flick diagonally left back (option : Point left to left side)
5-6 Left step fwd, Turn 1/2 right 3 :00
7&8 1/4 turn right and side shuffle left – right – left to the left 6 :00

[33-40] BACK ROCK, SIDE SHUFFLE, BACK ROCK, ROCK STEP FWD

1-2 Rock back on right, recover on left
3&4 Side Shuffle right – left – right to the right
5-6 Rock back on left, recover on right
7-8 Rock step left fwd, recover on right

[41-48] DIAGONALLY STEPS BACK (LEFT & RIGHT)

1-4 Left diagonally back (turn your body at 4 :30) Left step back, right next to left, left step back,
Touch right next to left
5-8 Right diagonally back (Turn your body at 7 :30) Right step back, left next to right, right step
back, left next to right (Recover your body facing 6 :00)

[49-56] ROCK STEP FWD, COASTER STEP (RIGHT & LEFT)

1-2 Rock step right fwd, recover on left
3&4 Right step back, left next to right, right step fwd
5-6 Rock step left fwd, recover on right
7&8 Left step back, right next to left, left step fwd

[57-64] SIDE MAMBO (RIGHT & LEFT), STEP FWD, HOLD & CLAP, STEP FWD, HOLD & CLAP

1&2 Rock step right to right side, recover on left, right next to left
3&4 Rock step left to left side, recover on right, left next to right
5-8 Right step fwd, Clap, Left step fwd, Clap

Start again & HAVE FUN !!
