

Not Giving Up

COPPER KNOB
BY SHEETS

拍數: 80

牆數: 2

級數: Phrased Intermediate / Advanced
Rumba



編舞者: Lilian Lo (HK) - June 2017

音樂: I'm Not Giving You Up - Gloria Estefan : (Album: Classics: Gloria Estefan - iTunes)

Intro: 32 counts (0.20min) - A 64 counts - B 16 counts

Sequence: AB AAB AAB

Part A: 64 counts

A (1 – 8) Cross, side, step fwd, side rock, drag

1,2,3,4 Hold (1), RF step across LF (2), LF step to side (3), RF step forward (4),

Walk around a semi-circle on count 2, 3 and 4 @3:00

5,6,7,8 Hold (5), LF to side rock L(6), RF replace (7), LF drag next to RF (8)

A (9 – 16) Weight on LF, Back rock, step fwd, spiral, walk 2x, ½ L, step back

1,2,3,4 Weight transfer to LF (1), RF step back rock back (2), LF replace (3), RF step forward (4)
@3:00

5,6,7&8 Spiral full turn L (5), LF step forward (6), RF step forward (7), ½ turn L (&), LF step back (8)
@9:00

A (17 – 24) Close, side rock, ¼ R, step fwd, ¼ L, side rock, ¼ L step fwd

1,&2,3&4 Hold (1), RF close (&), LF to side rock L (2), RF replace (3), ¼ turn R (&), LF step forward (4)
@12:00

5,6,7&8 ¼ turn L (5), RF to side rock R (6), LF replace (7), ¼ turn L (&), RF step forward (8) @6:00

A (25 – 32) ¼ R, side rock, ½ L, side, cross, sweep x 2, behind, side

1,2,3&4 ¼ turn R (1), LF to side rock L (2), RF replace, spiral ½ turn L (3), LF to side (&), RF cross
over LF (4) @ 3:00

5,6,7,8& Hold (5), LF replace, RF sweep back (6), RF step back, LF sweep back (7), LF cross behind
(8), RF step to side (&) @3:00

A (33 – 40) Cross, close, hip rotation x 3, back rock, replace, step fwd

1,2,3,4 LF cross over RF (1), RF close rotating hips R-L-R while lowering body (2,3,4) @3:00

5,6,7,8 Hold (5), LF step back rock back(6), RF replace (7), LF step forward (8) @3:00

A (41 – 48) ½ R, replace, ¾ L, side, close tap, lunge, drag

1,2,3,4 ½ turn R keep weight on LF (1), replace on RF making ¾ turn L (2), LF step to side (3), drag
RF next to LF (4) @12:00

5,6,7,8 RF lunge forward (5), LF drag to RF while rising up (6,7,8) @12:00

A (49 – 56) ¼ L, step fwd, ½ L 2x, sweep, cross, back, ¼ R, side

1,2,3,4 Hold (1), ¼ turn L, step LF forward (2), ½ turn L, step RF back (3), ½ turn L, step LF forward,
RF sweep (4) @9:00

5,6,7&8 RF continue sweeping (5), RF cross over LF (6), LF step diagonally back (7), ¼ turn R (&),
stepping RF to side (8) @12:00

A (57 – 64) Rock L-R, tap behind, ½ L, 3 step full turn L

1,2,3,4 Hold (1), rock L (2), rock R (3), LF tap behind (4) @ 12:00

5,6,7,8 ½ turn L keeping weight on RF (5), full turn L stepping L-R-L (6,7,8) @6:00

Part B: 16 counts

B (1-8) ½ L, sit R hip rock, L hip rock

1,2,3,4 ½ turn L (1), sit, RF tap forward, rock R hip (2,3,4) @12:00

5,6,7,8 RF step in place (5), sit, LF tap forward, rock L hip (6,7,8)

B (9 – 16) Cross walk 2x, step fwd, ½ L, step fwd

1,2,3,4 LF step in place (1), RF step across LF (2), hold (3), LF step across RF (4),

5,6,7&8 Hold (5), RF step forward (6), ½ turn L (7), LF step fwd (8) @6:00

Contact: lilianlo333@hotmail.com

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