On The Road



拍數: 28 牆數: 2 級數: Beginner

編舞者: Henning Jørgensen (DK) - May 2017

音樂: On the Road Again - Willie Nelson: (iTunes)



Kontradance.

Intro: 16 count

Sec. 1:□Side, Cross, Side. Heel . Side, Cross, Side . heel.

1-3 step right to right . cross left over right . step right to right.

4 touch left heel to left . shoulders back.

5 – 7 step left to left. Cross right over left. Step left to left.

8 touch right heel to right. Shoulders back.

Sec. 2:□Diagonal right step lock . step lock step. Diagonal left step lock . step lock step.

1 – 2 step right to right diagonal. lock left behind right.

3 & 4 step right to right diagonal . lock left behind right. step to right diagonal.

5 – 6 step left to left diagonal. Step right behind left.

7 & 8 step left to left diagonal. Step right behind left. Step left to left diagonal.

Sec. 3: □rock. recover. Shuffle ½ turn right. rock. Recover. Coaster Step.

1-2 rock forward on right. Recover on left.

3 & 4 turn ¼ right step right to right. Step left beside right. turn ¼ right step right forward.

5 – 6 rock forward on left. Recover on right.

7 & 8 step back on left. Step right beside left. Step left forward.

Sec. 4:□jazz box with cross

1 – 4 cross right over left. Step back on left. Step right to right. Cross left over right.

Contact: linehej@yahoo.dk