Great Day

拍數: 32

級數: Intermediate

編舞者: Iris O' (IRE) - June 2017

音樂: Flamin' Day - U.M.A.N

Section 1. Right toe strut. Left toe strut. Cross. Back. Back. In front.

- 1.2. Right toe forward, drop the heel. Forward
- 3.4. Left toe forward, drop the heel. Forward
- 5.6. Cross right over left. Step back on left. Back
- 7.8. Step back on right. Cross tap left toe in front of right. Back

Section 2. Step. Lock. Step. Brush. Step 1/2 pivot turn left. Step 1/2 turn left. Sweep.

- 1. 2. Step left forward. Lock right behind left. Forward
- 3.4. Step left forward. Brush right foot forward. Forward
- 5. 6. Step right forward. Pivot ¹/₂ turn left. (weight on left.) Turning left
- 7.8. Step right forward. Pivot ½ left. Sweep left back. (weight remains on rt.) Turning left

Section 3. Step. Sweep. Step. Sweep. Back. Together. Forward. Hold.

- 1. 2. Step back on left. Sweep right back. (weight still remains on left.) Back
- 3. 4. Step back on right. Sweep left back. (weight still remains on right) Back
- 5.6. Sweep left back and step down on left. Step right next to left. Back
- 7.8. Step forward on left, and hold. Forward

Section 4. Rock. Recover. Weave in front, side, behind, step 1/2 turn. Step 1/2 turn.

- 1.2. Rock right to right side. Recover weight on left. On the spot
- 3. 4. Weave right in front of left. Step left to left side. To the left
- 5. 6. Step right behind left. Step left forward making a ¼ turn left. Turning left
- 7.8. Step right forward, making ½ turn left. Step left forward. Turning left

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牆數:4