

Go On & Go

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy
編舞者: Maria Smith (AUS) - June 2017
音樂: Go On and Go - Chely Wright : (Album: Woman In The Moon - 2:10)



Starts on vocals after count 24. No Tags or Restarts - Rotates CW

#1. HEEL STRUT FORWARD, HEEL STRUT FORWARD, MAMBA FORWARD, BACK, HOLD

1,2,3,4 Right heel forward, drop toe, Left heel forward, drop toe
5,6,7,8 Rock forward on R, back on L, step R back, hold-12.00

#2. TOE STRUT BACK, TOE STRUT BACK, COASTER BACK, HOLD

1,2,3,4 Touch L toe back, drop heel, touch R toe back, drop heel -12.00
5,6,7,8 Step back on L, step R next to L, step forward L, hold

#3. 1/4 TURN TOE STRUT, ROCK BACK, REPLACE, TOE STRUT SIDE, ROCK BACK, REPLACE

1,2,3,4 1/4 turn left touch R toe to side, drop heel, rock back L, replace weight on R
5,6,7,8 Touch L toe to side, drop heel, rock back R, replace weight on L-9.00

#4. ROCK SIDE, CROSS, HOLD, WEAVE LEFT

1,2,3,4 Rock R to side, replace weight on L, cross step R over L, hold
5,6,7,8 Step L to side, step R behind L, step L to side, cross step R over L-9.00

#5. ROCK SIDE, CROSS, HOLD, WEAVE RIGHT

1,2,3,4 Rock L to side, replace weight on R, cross step L over R, hold
5,6,7,8 Step R to side, step L behind R, step R to side, cross step L over R-9.00

#6. STEP FORWARD, CLAP, STEP FORWARD, CLAP, STEP BACK, CLAP, STEP BACK, CLAP

1,2,3,4 Step forward R, clap, step forward L, clap
5,6,7,8 Step back R, clap, step back L, clap-9.00

#7. STRUTTING BOX WITH 1/4 TURN RIGHT

1,2,3,4 Touch R toe over L, drop heel, 1/4 turn right touch L toe back, drop heel
5,6,7,8 Touch R to side, drop heel, touch L toe forward drop heel-12.00

#8. STRUTTING BOX WITH 1/4 TURN RIGHT

1,2,3,4 Touch R toe over L, drop heel, 1/4 turn right touch L toe back, drop heel
5,6,7,8 Touch R toe to side, Touch L toe forward-3.00

[64] Start next rotation to 3.00 wall

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