

Poor Poor Pitiful Me

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Sally Hung (TW) - June 2017
音樂: Poor, Poor Pitiful Me - Linda Ronstadt



Sequence of dance: Tag after finishing Wall 2 (facing 6:00), Tag after finishing Wall 6 (facing 9:00), Tag after finishing Wall 9 (facing 6:00), Restart after finishing S2 of Wall 3 (facing 12:00)

Intro: 16 counts from heavy beats, starts on vocals

Tag (4 counts)

1,2,3,4 Bumps to R twice, bumps to L twice

Main Dance (32 counts)

S1. VINE R WITH TOUCH, CHASSE L, BACK ROCK, RECOVER

1,2,3,4 Step R to the R, cross step L behind R, step R to the R, touch L next to R

5&6,7,8 Step L to the L, close R beside L, step L to the L, rock back on R, recover onto L

S2. ROCKING CHAIR, (STEP, PIVOT ¼ TURN L)X2

1,2,3,4 Rock R fwd, recover onto L, rock back on R, recover onto L

5,6,7,8 Step fwd on R, Pivot ¼ turn L, step fwd on R, Pivot ¼ turn L

S3. R SIDE TOE STRUT, CROSS TOE STRUT, SIDE ROCK, RECOVER, ¼ L FWD SHUFFLE

1,2,3,4 Touch R toe to R side, drop heel, cross L toe in front of R, drop heel

5,6,7&8 Rock R to R side, recover onto L, ¼ turn L fwd shuffle on RLR

S4. KICK, KICK, ¼ L COASTER STEP, ¼ R MONTEREY TURN

1,2,3&4 Kick L across R, kick L to L diagonal, step back on L, step R next to L, step L fwd

5,6,7,8 Point R to R side, turn ¼ R stepping R beside L, point L to L side, step L beside R

Happy Dancing!

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