

So Beautiful

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Betty Moses (USA) - June 2017
音樂: Beautiful - 8Track - Walker Hayes : (Album: 8 Track)



Alt. music: Body Like A Back Road by Sam Hunt – 16 Count Intro,
Restart wall 5 after 16 Counts (Change ½ pivot to ¼ pivot and Restart the dance facing 12:00)

Count In: 30 Counts (Start on Vocals)
Sequence: 32-8-32-8-32-32-8-32-32-32-14

Step, Rock Back/Recover, Side Rock/Recover/Cross, ½ Hinge Turn, crossing Triple

1-3 Step L to side, Rock back on R, Recover weight on L
4&5 Rock R side, Recover weight on L, Cross R over L
6-7 Step back on L turning ¼ right, Step R to side turning ¼ right [6:00]
8&1 Cross L over R, Step R to side, Cross L over R
(Restart change count 8 to a touch walls 2, 4 & 7)□

Side Rock/Recover, Sailor Step, Sailor ¼ Turn, ½ Pivot Turn□

2-3 Rock R to side, Recover weight on L
4&5 Right sailor step
6&7 Left sailor ¼ turn left□ [3:00]
8-1 Step forward on R, Pivot ½ turn left□ [9:00]

Walk R/L, Rock Back/Recover, Full Turn, Sailor ¼ Turn□

2-3 Walk forward on R, Walk forward on L
4&5 Rock back on ball of R foot, Recover weight on L, Step back on R
6-7 Step forward on L turning ½ left, Step back on R turning ½ left sweeping L
8&1 Left sailor ¼ turn [6:00]

(Easier Option: Counts 6-7, step back on L sweep R, Step back on R sweep L)

Skate Forward R/L, Mambo Forward, Mambo Back, Step Right to Side□

2-3 Skate forward on R, Skate forward on L
Easier option – walk forward on 2-3
4&5 Rock forward on R, Recover weight on L, Step back on R
6&& Rock back on L, Recover on weight R, Step forward on L
8 Step R to side swaying hips to right

Restart Walls: 2, 4 & 7

1-3 Step L to side, Rock back on R, Recover weight on L
4&5 Rock R side, Recover weight on L, Cross R over L
6-7 Step back on L turning ¼ right, Step R to side turning ¼ right
8 Touch L next to R

Restarts are not difficult, just Enjoy!

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