Stagger Lee

拍數: 32

級數: Beginner

編舞者: Susan Prats (USA) - June 2017

音樂: Stagger Lee - Lloyd Price : (#1 song February 1959)

TOE STRUTS (travel forward slightly)

- Touch right toes forward 1
- 2 Bring heel down
- 3 Touch left toes forward
- 4 Bring heel down

SKATES (travel forward slightly, arms raised for balance)

- Step forward on balls of right foot, swinging heels of both feet to the right 5
- 6 Step forward on balls of left foot, swinging heels of both feet to the left
- 7 Step forward on balls of right foot, swinging heels of both feet to the right
- 8 Step forward on balls of left foot, swinging heels of both feet to the left

PADDLE TURNS

- 9 Step left foot forward
- 10 "Paddle" 1/4 turn over right shoulder
- 11 Step left foot forward
- 12 "Paddle" 1/4 turn over right shoulder

JUMPS & CLAPS

- 13 Jump forward on right foot
- 14 Follow with the left & clap (above your head)
- 15 Jump forward on right foot
- 16 Follow with the left & clap (above your head)

SWIVELS & FLICK

- 17 With feet together, knees slightly bent, swing heels to the right (arms raised for balance)
- 18 With weight on heels, swing toes right
- 19 Swing heels to the right
- 20 Flick left foot up & behind
- 21 With feet together, knees lightly bent, swing heels to the left
- 22 With weight on heels, swing toes left
- 23 Swing heels to the left
- 24 Flick right foot up & behind

KICKS & TRIPLE STEPS

- 25 Kick right foot forward
- 26 And to the side, step right foot down
- 27 Step right
- & Left
- 28 Right
- 29 Kick left foot forward
- 30 And to the side, step foot down
- 31 Step left
- & Right
- 32 Left

DANCE STARTS OVER! Have fun and kick up those heels!

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牆數:2