

# B.Y.OB. – Bring Yourself Over Babe

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jennifer Killen (USA) - June 2017  
音樂: Good Company - Jake Owen : (iTunes)



Intro: Start on lyrics

\* Restart - \*\* Tag

## (1-8) 4 count Weave with Quarter Turn, Shuffle Half Turn, Shuffle Forward

1&2&      Step R to R, L Behind, R Side, L Front  
3&4      R Side, L Behind, R step ¼ turn to (3:00)  
5&6      Turn R Forward L, ½ turn step R, Bring L together (weight on L) (9:00)  
7&8      Shuffle Forward on R, L, R.

## (9-16) Sailor Step x2, Cross Rock, Side Shuffle L

1&2      L Sailor Step Forward (LRL)  
3&4      R Sailor Step Back (RLR)  
5-6      Rock L across R, recover weight on R  
7&8      Side step L, step R next to L, side step L (weight on L) (exaggerated sway of hips!)

\*Restart after 16 count on Wall 3

\*\*Tag after count 16 on Wall 7: 2 beats (tuba horn) Full Turn (R over L, spin on L) (weight on L) – Restart dance

## (17-24) ROCK RECOVER, FULL TURN TRIPLE, ROCK RECOVER, Side Shuffle L

1-2      Rock R forward, recover weight on L  
3&4      Turn ½ R step forward R, step L next to R, turn ½ R step forward R (RLR) (9:00)  
5-6      Rock L across R, recover weight on L  
7&8      Side step L, step R next to L, side step L (weight on L) (exaggerated sway of hips!)

## (25-32) ROCK LOCK STEP X2, MAMBO X2

1&2      Right Rock lock step  
3&4      Left Rock lock step  
5&6      Rock forward on Right (mambo step)  
7&8      Rock back on Left - rock recover step (mambo step) (weight ends on Left)

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