

Old School Love

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Adam Åstmar (SWE) - June 2017
音樂: Old School - Urban Cone



Intro: 16 Counts

Sect – 1: Side Rock. 1 / 4 Recover /w Sweep. Weave. Side. Hold. Ball. Side. Cross Rock. Recover.

- 1 – 2 (1) Rock RF to the right side. (2) Turn 1 / 4 to the left and recover to LF sweeping RF from back to front. {9:00}
- 3 & 4 (3) Cross RF over LF. (&) Step LF to the left side. (4) Step RF behind LF.
- 5 – 6 & (5) Step LF to the left side. (6) Hold. (&) Ball step RF next to LF.
- 7 – 8 & (7) Step LF to the left side. (8) Cross rock RF over LF. (&) Recover to LF.

Sect – 2: 1 / 4. 1 / 4. Sailor 1 / 4 Step. Ball. Step. Step. Full Turn.

- 1 – 2 (1) Turn 1 / 4 to the right stepping RF forward. (2) Turn 1 / 4 to the right stepping LF to the left side. {3:00}
- 3 & 4 (3) Step RF behind LF. (&) Turn 1 / 4 to the right stepping LF slightly to the left side. (4) Step RF forward. {6:00}
- & 5 – 6 (&) Ball step LF next to RF. (5) Step RF forward. (6) Step LF forward.
- 7 – 8 (7) Turn 1 / 2 to the left stepping RF back. (8) Turn 1 / 2 to the left stepping LF forward. {6:00}

Sect – 3: Vaudeville Steps. Cross Shuffle. (Side. Touch.) X2. Ball. Back Rock. Recover.

- 1 & 2 & (1) Cross RF over LF. (&) Step LF slightly back. (2) Touch right heel diagonally forward. (&) Ball step RF next to LF.
- 3 & 4 & (3) Cross LF over RF. (&) Step RF to the right side. (4) Cross LF over RF. (&) Step RF to the right side.
- 5 & 6 & (5) Touch LF next to RF. (&) Step LF to the left side. (6) Touch RF next to LF. (&) Ball step RF next to LF.
- 7 – 8 (7) Rock LF back. (8) Recover to RF.

Sect – 4: Step. Pivot 1 / 4. Cross. Half Rumba Box. 1 / 4 Side Rock. Cross.

- 1 – 2 (1) Step forward on LF. (2) Pivot 1 / 4 to the right transferring weight to RF. {9:00}
- 3 – 4 (3) Cross LF over RF. (4) Step RF to the right side.
- & 5 – 6 (&) Close LF next to RF. (5) Step forward on RF. (6) Turn 1 / 4 to the right rocking LF to the left side. {12:00}
- 7 – 8 (7) Recover to RF. (8) Cross LF over RF.

- Restart occurs here at wall 2. -

Sect – 5: Side Rock. Recover. Ball. Side. Sailor 1 / 4 Step /w Knee Pop. Step /w Knee Pop. Step. Pivot 3 / 4.

- 1 – 2 & (1) Rock RF to the right side. (2) Recover to LF. (&) Ball step RF next to LF.
- 3 – 4 (3) Step LF to the left side. (4) Step RF behind LF.
- & 5 – 6 (&) Turn 1 / 4 to the right stepping LF slightly to the left side. (5) Step RF forward and pop left knee. (6) Step LF forward and pop right knee {3:00}
- 7 – 8 (7) Step RF forward. (8) Pivot 3 / 4 to the left transferring weight to LF. {6:00}

- Restart occurs here at wall 5. -

Sect – 4: Scissor Step X2. Side. Touch. Ball. Point /w Finger Snap. Hitch.

- 1 & 2 (1) Step RF to the right side. (&) Close LF next to RF. (2) Cross RF over LF.
- 3 & 4 (3) Step LF to the left side. (&) Close RF next to LF. (4) Cross LF over RF.
- 5 – 6 & (5) Step RF to the right side. (6) Touch LF next to RF. (6) Ball step LF slightly to the left side.
- 7 – 8 (7) Point RF to the right side and snap fingers on both hands. (8) Hitch slightly on RF.

Have fun!

Contact: adam.astmar@gmail.com
