

# Banjos And Bongos

拍數: 32      牆數: 4      級數: High Novice  
編舞者: Vincent Dijks (NL) & Ivonne Verhagen (NL) - June 2017  
音樂: Banjos and Bongos - Sammy Arriaga : (Album: Meet Me In The Middle)



Start after 16 counts on vocals

## Ball Fwd, Fwd, Chase ½ L, Paddle Full Turn L

&1-2      LF step beside on ball foot, RF step forward, LF step forward  
3&4      RF step forward, R+L ½ turn left, RF step forward  
5&6      LF step forward, RF ¼ left rock side, LF recover  
&7&8      RF ¼ left rock side, LF recover, RF ¼ left rock side, LF ¼ left recover [6]

## Ball Point Fwd, Hold, Toe Switches Fwd, Ball Cross, ¼ R Ball Point, Ball Cross, Side Together

&1-2      RF step beside on ball foot, LF point forward (option: with body roll), hold (push hands forward)  
&3&4      LF step beside on ball foot, RF point forward, RF step beside on ball foot, LF point forward  
&5&6      LF step beside on ball foot, RF cross over, LF ¼ right step back, RF point forward  
&7&8      RF step beside on ball foot, LF cross over, RF step side, LF together and push hips back [9]

## Cross, Side, Behind Side Touch, Ball Cross, Side, Sailor ½ L

1-2      RF cross over, LF step side  
3&4      RF cross behind, LF step side, RF touch beside  
&5-6      RF step beside on ball foot, LF cross over, RF step side  
7&8      LF ½ left cross behind, RF step beside, LF step slightly forward [3]

## Out Out, Hold, Sailor, Ball Side, Touch, Kick Ball Point

&1-2      RF step side (out), LF step side (out), hold  
3&4      LF cross behind, RF step beside, LF step side  
&5-6      RF step beside on ball foot, LF step side (option: body roll), RF touch beside  
7&8      RF kick forward, RF step beside on ball foot, LF point forward [3]

Start again

Restart: Dance the 3rd wall up to and including count 15& (count 7& of the 2nd section), then:

8      LF touch beside

and start again