

# Cold Hard Sweat

拍數: 64      牆數: 4      級數: Low Intermediate  
編舞者: Christel De Hondt (BEL) & Hanne Delahaut (BEL) - June 2017  
音樂: "In This Town" – Declan McGarry



## **S1: R RIGHT CHASSE, L BACK ROCK, L STEP LOCK L STEP LOCKSTEP TO L DIAGONAL**

1&2      Step R to R side, Close L beside R, Step R to R side  
3-4      Rock back on L, Recover weight on R  
5-6      Step L to L diagonal, Lock R behind L  
7&8      Step L to L diagonal, Lock R behind L, Step L to L diagonal

## **S2: R SIDE L CLOSE, OUT-OUT, R BACK STEP L STEP LOCK L STEP LOCKSTEP TO L DIAGONAL**

1-2      Step R to R side, Close L beside R  
&3-4      Jump/step R back and out to R side, Jump/step L back and out to L side step back on R  
5-6      Step L to L diagonal, Lock R behind L  
7&8      Step L to L diagonal, Lock R behind L, Step L to L diagonal

## **S3: ¼ RIGHT POINT, ¼ LEFT POINT, R ROCK FORWARD, ½ R SHUFFLE**

1-2      Make ¼ turn R stepping R to R side, Point L toe out to L side  
3-4      Make ¼ turn L stepping L beside R, Point R toe out to R side  
5-6      Rock forward on R, Recover on L  
7&8      ¼ R stepping R to R side, Step L next to R, ¼ R stepping forward R

## **S4: WALK ½ L, ½ L SHUFFLE, R JAZZBOX ENDING WITH TOE**

1-2      Walk R ½ L stepping back on R  
3&4      ¼ L stepping L to L side, Step R next to L, ¼ L stepping forward L  
5-6      Cross R over L, Step L back  
7-8      Step R to R, Cross toe L behind R

## **S5: SIDE, BEHIND-SIDE-CROSS, SIDE, ROCK BACK RECOVER, KICK-BALL-CROSS**

1-2      R side  
&3-4      R cross behind L, L step side, R cross over L, L step side  
5-6      R Rock back, Recover on L  
7&8      R kick diagonally R forward, R close next to L, L cross over R

## **S6: R CHASSE, ½ TURN CHASSE L, R WALK ½ HITCH , L WALK ¼ HITCH**

1&2      Step R to R side, Close L beside R, Step R to R side  
3&4      Turn ½ turn L, Step L to L side, Close R beside L, Step L to L side  
5-6      Step forward on R make ½ turn hitch L knee  
7-8      Step forward on L make ¼ turn hitch R knee

## **S7: R STEP LOCK R STEP LOCKSTEP FORWARD, L ROCK FORWARD, OUT-OUT L BACK STEP**

1-2      Step R to R forward, Lock L behind R  
3&4      Step R to R forward, Lock L behind R, Step R to R forward  
5-6      Rock forward on L, Recover on R  
&7-8      Jump/step L back and out to L side, Jump/step R back and out to R side, Step back on L

## **S8: R COASTERSTEP, 2 X L PIVOT ½, L STEP , R TOUCH**

1&2      Step R back, L close next to R, L step forward  
3-4      Step forward on L, ½ pivot R  
5-6      Step forward on L, ½ pivot R  
7-8      Step L forward, Touch R next to L

**RESTART IN WALL 2: WITH STEP CHANGE  
REPLACE R JAZZBOX WITH TOUCH IN S4 AFTER COUNT 28  
INTO R JAZZBOX WITH STOMP ON L FOOT  
AND RESTART THE DANCE**

5-6                    Cross R over L, Step L back

7-8                    Step R to R, Stomp on L foot

**RESTART IN WALL 5: WITH STEP CHANGE  
REPLACE R JAZZBOX WITH TOUCH IN S4 AFTER COUNT 28  
INTO R SWAY L SWAY AND RESTART THE DANCE**

5-6                    Step R side sway hip to the R

7-8                    Step L side sway hip to the L

**HAVE FUN !**

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