

Beautiful

拍數: 48 牆數: 2 級數: Beginner
編舞者: Audrey Turnbull (UK) - June 2017
音樂: What Makes You Beautiful - One Direction



S1: Touch, ball, step, walk right left; shuffle forward, rock recover

1&2 Touch right toe in place, step onto ball of right foot and step forward on left foot;
3- 4 Walk forward right foot, forward on left foot;
5&6 Step forward on right foot, close left foot to right, step forward of right;
7-8 Step forward on left foot, recover onto right foot.

S2: Back lock step left and right; (or full turn left), ¼ turn left; hold, knee pops left, right

1&2 Step back on left foot, cross right foot over left, step back on left foot;
3&4 Step back on right foot, cross left foot over right, step back on right foot;
(Alternative step: Full turn left, stepping left, right left and right, left, right);
5-8 ¼ turn left stepping onto left foot; hold, bend left knee in to right and out, bend right knee in to left and out.

S3: Right side, behind and across, side; rock back, recover; Dorothy steps (left)

1-2 Step right foot to right side, step left foot behind right foot,
&3-4 Step right foot to right side and step left foot over right foot; step right foot to right side;
5-6 Rock back on left foot, recover on right foot;
7&8 Step left foot diagonally forward left (long step), lock right foot behind left foot, step left foot diagonally forward left.

S4: Dorothy steps (right); rock, recover; ¼ turn left; hold; and step touch

1&2 Step right foot diagonally forward right (long step), lock left foot behind right foot, step right foot diagonally forward right;
3-4 Rock forward on left foot, recover onto right foot;
5-6 ¼ turn left stepping onto left foot; hold for one count;
&7-8 Bring right foot to left foot, step left foot to left side, touch right foot to left foot.

S5: Step right, hold, left behind, hold, step right, hold, left in front, hold

1-4 Step right foot to right side, hold for 1 count, step left foot behind right foot, hold,
5-8 Step right foot to right side, hold, step left foot forward.

S6: Rock, recover, shuffle ½ turn; rock, recover, shuffle ½ turn

1-2 Rock forward on right foot, recover on left;;
3&4 Making ½ turn right, step forward on right foot, step left foot beside right foot, step forward on right foot;
5-6 Rock forward on left foot, recover on right;
7&8 Making ½ turn left, step forward on left foot, step right foot beside left foot, Step forward on left foot.

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