

Burnitup!

拍數: 48 牆數: 4 級數: Novice - Funky Classic
編舞者: Frank David Buchmann (DE) - June 2017
音樂: BURNITUP! (feat. Missy Elliott) - Janet Jackson



****2 Restarts : In Wall 5 & Wall 8, after 32 Counts**

Wizard Steps R/L, Kick & Point R/L

1 RF step diagonally fwd
2 LF cross behind RF
&
3 RF step diagonally fwd
4 LF step diagonally fwd
5 RF cross behind LF
&
6 LF step diagonally fwd
7 RF kick forward
&
8 RF step next to LF
9 LF point to L
10 LF kick forward
11 &
12 LF step next to RF
13 RF point R

Heel-Toe-Heel R, Toe-Heel-Toe L, Apple Jacks

9 R Heel swivel in
&
10 R Toe swivel in
11 R Heel swivel in
12 L Toe swivel out
&
13 L Heel swivel out
14 L Toe swivel out
15 L Toe swivel out, R Heel swivel in
&
16 Swivel back to Center
17 R Toe swivel out, L Heel swivel in
&
18 Swivel back to Center
19 L Toe swivel out, R Heel swivel in
&
20 Swivel back to Center
21 R Toe swivel out, L Heel swivel in

Sailor Step, Sailor Turn ¼ L, Out-Out-In-In

17 RF cross behind LF
&
18 LF step L
19 RF Step R
20 LF cross behind RF
&
21 RF Step Side & turn ¼ L (9:00)
22 LF step L
23 RF step diagonally fwd
24 LF step diagonally fwd
25 RF step diagonally back
26 LF step next to RF

Slide Touches R /w ¼ turn r

25 RF big step R
26 LF slide next to RF and touch
27 LF big step L /w ¼ turn r (12:00)

- 28 RF slide next to LF and touch
- 29 RF big step R /w ¼ turn r (3:00)
- 30 LF slide next to RF and touch
- 31 LF big step L /w ¼ turn r (6:00)
- 32 RF slide next to LF and touch

Cross Unwind L, Mashed Potatoes

- 33 RF cross over LF
- 34 Start full turn L
- 35 continue full turn L
- 36 Finish full turn L (6:00)
- 37 RF Step Back, Toes of LF turned out
- 38 LF Step Back, Toes of RF turned out
- 39 RF Step Back, Toes of LF turned out
- 40 LF Step Back, Toes of RF turned out

Rock Back, Touch Turn 3/4, Kick, Point, Touch, Slide, Touch

- 41 RF Step Back
- & Weight back on LF
- 42 RF step fwd
- 43 LF Touch behind RF
- 44 ¾ turn L (9:00)
- 45 RF kick fwd
- & RF step next to LF
- 46 LF point L
- & LF touch next to RF
- 47 LF big step R
- 48 RF slide next to LF and Touch

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