

Once I Was

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate WCS
編舞者: An Ji Won (KOR) - May 2017
音樂: 7 Years - Lukas Graham



WALK R,L MAMBO WALK , BACK L,R , COASTER CROSS

1-2 RF step forward, LF step forward
3&4 RF step forward , LF recover , RF step back
5-6 LF step back , RF step back
7&8 LF step back , RF together LF , LF cross over RF

RF FORWARD 3/4 TURN R WITH RF, SWEEP, ROCK & RECOVER ,3/4 COASTER TURN L, SIDE SHUFFLE R

1-2 Rf 1/4 turn R step forward, 1/2 turn R weight on RF
3-4 LF rock step forward , recover RF sweep LF from front to back
5&6 LF 1/4 turn L behind RF, RF 1/4 turn L beside LF, 1/4 turn L LF cross over RF(12 o'clock)
7&8 RF step R , LF beside RF, RF step R

CROSS ROCK, RECOVER, 1/4 SHUFFLE TURN L, FULL TURN L, 1/2 SHUFFLE TURN L

1-2 LF cross over RF, RF step back
3&4 LF step L , RF beside LF, LF 1/4 turn L step forward
5-6 RF 1/2 turn L step back , LF 1/2 turn L step forward,
7&8 RF 1/4 turn R step side , LF beside RF , RF 1/4 turn R step back

COASTER CROSS, BIG STEP R, CROSS RCK, RECOVER , 1/2 SHUFFLE TURN L

1&2 LF step back , RF beside LF, LF cross over RF
3-4 RF step R , LF drag toward RF
5-6 Lf cross over Rf, Rf step back
7-8 LF 1/4 turn step forward, RF beside LF, LF 1/4 turn step forward

NO TAG , NO RESTART

ENJOY

CONTACT : aey7189@gmail.com.