Never Hold Back



拍數: 32 牆數: 4 級數: Intermediate NC

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音樂: Hold You Back - Ryan Hurd



Count in: 16 count intro - Restart: wall 3 after 8 counts

(1-8) R Nightclub Basic, Recover, 1/2 Turn, Sweep 1/4 Turn, Cross Side Back,

1 2& Step R to R side (1) Rock L behind R (2) Recover weight to R (&)

Making 1/2 turn R, step L side (3) Making 1/4 turn R, step R forward while sweeping L back

to front, end facing 9:00 (4)

5&6& Cross L over R (5) Step R back (&) Step L back (6) Cross R over L (&)

7 8 Step L back swaying back (upper body facing 7:30) while raising R arm forward (7) Recover

R swaying forward (8)

(9-16) Cross Side Cross, 1/8 Turn, L Nightclub Basic with 1/4 Turn, Side Behind 1/4 Turn Prep, 1/2 □1/2

1&2& Stepping toward 9:00 with upper body facing 7:30, cross L over R (1) Step R forward (&)

Cross L □over R (2) Making 1/8 turn R to 9:00, step R forward (&)

3 4& Making 1/4 turn R (6:00), step L to L (3) Rock R behind L (4) Recover L (&)

5 6& Step R to R (5) Step L behind R (6) Making 1/4 turn R, step R forward (&)

7 8& Step L forward in preparation for L turn (7) Making 1/2 turn L, step R back (8) Making 1/2 turn

L, step L forward (&)

(17-24) Sweep, Cross Side, Behind with Sweep, Behind Side, Cross Rock Recover, Side Rock Recover, Sailor 1/4 Turn

1 2& Sweep R back to front (1) Cross R over L (2) Step L to L (&)

3 4& Stepping R behind L, sweep L front to back (3) Step L behind R (4) Step R to R (&)

5&6& Rock L over R (5) Recover R (&) Rock L to L (6) Recover R (&)

7&8 Step L behind R (7) Step R to R (&) Making 1/4 turn L, step L forward (8)

(25-32) Rock Recover 1/2 Turn with Hitch, Back L R L, R Nightclub Basic with 1/4 Turn, 1/2 Turn, Side Cross

1&2& Rock R forward (1) Recover L (&) Make 1/2 turn R, step R forward (2) Hitching L, make 1/2

rotation on standing R leg, finish facing 12:00(2)

3&4 Step L back (3) Step R back (&) Step L back (4)

5 6& Making 1/4 turn R, step R to R (5) Rock L behind R (6) Recover R (&) 7 8& Making 1/2 turn R, step L side (7) Step R to R (8) Cross L over R (&)

^{**} Restart here on wall 3. After recovering R (8), cross L over R (&) into R Nightclub basic facing 12:00