Rhythm In My Soul

拍數: 32

級數: Improver

編舞者: Roger (leftfoot) Hunter (USA) - January 2017

音樂: Got a Lotta Rhythym In My Soul - Niamh Lynn

(Starts on lyrics)

SIDE ROCK-R, SAILOR STEP, SAILOR STEP-L1/4, STEP TOUCH-R

- 1-2 step right to right recover on left,
- 3&4 step right behind left, step left to left side, step right next to left.
- 5&6 step left behind right, step right to right side, step left next to right(1/4) turn to left(facing 9:00)
- 7-8 Step right to right, touch left next to right.

SIDE ROCK-L SAILOR STEP, SAILOR STEP R ¼, STEP TOUCH-L

- 1-2 step left to left, recover on right,
- 3&4 step left behind right step right to right side, step left next to right.
- 5&6 step right behind left, step left to left side, step right next to left(¹/₄)turn to right (facing 12:00)
- 7-8 step left to left, touch right next to left

PIVOT HITCH, STEP, COASTER HEAL, STEP LOCK STEP, STEP TOUCH.

- 1-2 pivot ¼ on left & hitch right knee on1,step right to right, (facing 9:00)
- 3&4 step left behind right, step right back slightly, step left heel in front of right (1/2)diagonal to left (facing 7:30)
- 5&6 step left forward, step right behind left, step left forward.(1/2) turn to left (facing 6:00)
- 7-8 step right to right, touch left next to right.

ROCK RECOVER, TRIPLE ½, SHUFFLE BACK, STEP TOUCH

- 1-2 step left back recover on right,
- 3&4 step left forward, step right beside left, step left beside right (1/2) turn to right (facing 12:00)
- 5&6 step right back, step left back to right, step right back.
- 7-8 step left back, touch right next to left.

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