

# Burn It Up

**COPPER KNOB**  
STEPSHEETS

拍數: 32                      牆數: 2                      級數:  
編舞者: Ema Ambunsuri (INA) - May 2017  
音樂: BURNITUP! (feat. Missy Elliott) - Janet Jackson



Start after 16 counts.....

## SESSION 1. WALK, HEEL, SHOULDER UP, HEEL, SHOULDER UP

1-2-3-4.            Walk R-L-R-L  
5 - 6.              Heel R - Shoulder L Up  
7 - 8.              Heel L. - Shoulder R Up

## SESSION 2. BACKWARD,HEEL,HEEL,HEEL, FORWARD, BODY ROLL

1-2-3-4.            Backward R-L-R-L  
5 & 6.              R Heel Forward - In Place R -.L Heel Forward  
7 & 8.              R Heel Forward - Push Shoulders Forward, Body Roll Down

RESTART During WALL 2 & During WALL 4 .....

## SESSION 3. CROSS BACK, CROSS BACK, STEP TOUCH TO SIDE, (TURN 1/4 LEFT) STEP TOUCH TO SIDE, (TURN 1/4 LEFT) STEP TOUCH TO SIDE, (TURN 1/4 LEFT) STEP TOUCH TO SIDE.

1 - 2              Cross Back R - In Place R  
3 - 4              Cross Back L - In Place L  
5 - 6              Step Touch To Side R - (Turn 1/4 Left) Step Touch To Side  
7 - 8              (Turn 1/4 Left) Step Touch To Side R, (Turn 1/4 Left) Step Touch To Side R

## SESSION 4. DIAGONAL SLIDE. SHOULDER UP ,DOWN,UP, DIAGONAL SLIDE, SHOULDER UP DOWN,UP

1 - 2              Slide To Diagonal R, Close L  
3 & 4              Shoulder Up - Down - Up  
5 - 6              Slide To Diagonal L, Close R  
7 & 8              Shoulder Up - Down - Up

TAG : 3 WALLS. AFTER WALL 13..

## SLIDE TO SIDE ,SHOULDER UP , DOWN, UP, SLIDE TO SIDE, SHOULDER UP , DOWN, UP

1 - 2              Slide To Side R, Close L  
3 - 4              Shoulder Up - Down - Up  
5 - 6              Slide To Side L - Close R  
7 - 8              Shoulder Up - Down - Up, Turn 1/4 Left.

Contact: [ema.ambunsuri@gmail.com](mailto:ema.ambunsuri@gmail.com)