La Vita Com'è



拍數: 64 編數: 4 級數: Easy Intermediate

編舞者: Flora Lau (MY) - May 2017

音樂: Alvaro Soler y Max Gazzè – Sonrío (La Vita Com'è)



Sequence - 64 48 32 64 48 48 48 32 48 48 Tag (16) 32

Section	1. R	Rocking	Chair	Side	Touch	Side	Touch

1 2 3 4 Step R forward, Recover on L, back on R, recover on L

5 6 7 8 Step R to R side, Touch L beside R, Step L to L side, Touch R beside L

Section 2: Cross, Recover, side, together, side, ½ turn to R, L to L side sway LRLR

1 2 3 & 4 Cross R over L, Recover on L, R to R side, L beside R, R to R side

5 6 7 8 ½ to R stepping L to L side (swaying L R L R)

Section 3: 1/4 to L forward, side, recover, back, 1/2 L forward, side, behind, side, cross

1 2 ½ turn to L stepping L forward, step R to R side

3 4 Recover on L, R behind L

5 6 ½ turn to L stepping L forward, R to R side 7 & 8 L behind R, R to R side, cross L over R

Section 4: R Side, touch, L side touch, R forward, touch, ½ turn to L, L forward, touch

Step R to R side, touch L beside R
Step L to L side, touch R beside L
Step R forward, touch L beside R

7 8 ½ turn to L step L forward, touch R beside L

Section 5 (*) R side, touch, L side, touch, R side, behind, side, touch

1 2 Step R to R side, touch L beside R3 4 Step L to L side, touch R beside L

5 6 7 8 Step R to R side, L behind R, R to R side, touch L beside R

Section 6 (*) L side, touch, R side, touch, L side, behind, side, touch

1 2 Step L to L side, touch R beside L3 4 Step R to R side, touch L beside R

5 6 7 8 Step L to L side, R behind L, L to L side, touch R beside L

Section 7: Rolling vine R with a touch, Rolling Vine L with a touch

1 2 ½ turn to R stepping R forward, ¼ turn to R stepping L to L side

3 4 ½ turn to R stepping R to R side, touch L beside R

5 6 ¼ turn to L stepping L forward, ¼ turn to L stepping R to R side

7 8 ½ turn to L stepping L to L side, touch R beside K

Section 8 - (Same as Section 4)

R Side, touch, L side touch, R forward, touch, ½ turn to L, L forward, touch

Step R to R side, touch L beside R
Step L to L side, touch R beside L
Step R forward, touch L beside R

7 8 ½ turn to L step L forward, touch R beside L

Tag * (16 Counts) Sections 5 & 6

