

Embass Ni Simbolon

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Elis Sumarah (INA) - May 2017
音樂: embass ni simbolon By Exaudia



Intro : 64 count (00:32)

I. STEP R TO R -TOUCH L- SIDE TOUCH R & L

1 - 4 step R to R side, step L beside R, step R To R side, touch L beside R
5 - 8 step L to L side, touch R beside L, step R To R side, touch L beside R

II. STEP L TO L SIDE-TOUCH R-FORWARD-BACK-SIDE-FLICK

1 - 4 Step L to L side, step R beside L, step L To L side, touch R beside L
5 - 8 touch R forward(5),touch R back (6)Touch R outside(7),flick R

III. CROSS R-STEP L TO L SIDE-TURN 1/4 R STEP R BACK- RECOVER ON L-STEP FORWARD R ,L ,R - STEP L CLOSE

1 - 4 cross R over L, step L to L side, turn 1/4 R Step R back, step L forward (3:00)
5 - 8 Step forward R,L,R, step L close

IV. SWING TOE R CENTRE,-BEND DOWN TOGETHER, STRETCH UP TOGETHER TWICE DIAGONAL R & L

1 - 4 swing toe R,center,R,center
5 - 6 Knee bend together,straich up together

(body angle diagonal R)

7 - 8 knee bend together,straich up together

(body angle diagonal L)

V. CROSS R OVER L-TRIPLE STEP IN PLACE-CROSS L OVER R-TRIPLE STEP IN PLACE

1 - 2 Cross R over L, recover on L
3 & 4 step in place R,L,R
5 - 6 cross L over R, recover on R
7 & 8 step in place L,R,L

VI. STEP FORWARD HITCH R L-PIVOT 1/2 TURN L-STEP R FORWARD -STEP L BESIDE R

1 - 2 S Step R forward,hitch L
3 - 4 step L forward ,hitch R
5 - 6 step R forward,pivot 1/2 left (9:00)
7 - 8 step R forward ,step L beside R

VII. PADDLE 1/4 TURN L - JAZZ BOX CROSS

1 - 4 step R forward ,turn 1/8 left,step R forward,turn 1/8 left (6:00)
5 - 8 cross R over L,step L back,step R to R Side,cross L over R

VIII. TOUCH CROSS - ROCHING CHAIR

1 - 2 Touch toe R to R side,cross R over L
3 - 4 Touch toe L to L side, cross L over R
5 - 8 step R forward, recover on L,step R Forward ,recover on L

TAG : This is an easy Tag, after ending wall 3 (6:00)

#. TWIST TOE HEEL TOGETHER R TO R SIDE

1 - 2 twist together heel, toe to R Side
3 - 4 repeat

5 - 6 repeat
7 - 8 repeat

#II. PADDLE TURN 1/2 LEFT, STEP IN PLACE

1 - 2 forward R turn 1/8 L, step L in place
3 - 4 repeat
5 - 6 repeat
7 - 8 step R in place, step L in place (12:00)

#III. TWIST TOE HEEL TOGETHER L TO L SIDE

1 - 2 twist together heel, toe to L side
3 - 4 repeat
5 - 6 repeat
7 - 8 repeat

#IV. PIVOT 1/2 L-TOUCH R-HOLD-FULL TURN R

1 - 4 Step R forward, turn 1/2 L, touch R beside L (6:00)
5 - 8 full turn R

Contact: elis.kriwil@gmail.com
