

Burning Bridges

拍數: 66 牆數: 4 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS) - March 2017
音樂: Bridges (feat. John Legend) - Rebecca Ferguson : (Album: Freedom, Deluxe)



Original Position: Feet Slightly Apart Weight On Left
Start On Vocals (16 Count Intro)

[1 – 8] SIDE, BEHIND & STEP SIDE, STEP FWD, ½ PIVOT R & ½ R, ¼ R, REPLACE, R SAILOR DRAG

1,2&3,4 Step R to R, Cross L behind R & Step R to R, Step fwd onto L, ½ Pivot R (6:00)
&5,6 & Turn a further ½ R Stepping back on L, Turning a further ¼ R Step R to R, Replace Wt on L (3:00)
7&8 Cross R behind L & Rock L to L, Replace Wt on R (3:00)

[&9 – 16] & ¼ L, ½ L, ¼ L DRAG, CROSS ROCK, REPLACE & STEP SIDE, CROSS ROCK & REPLACE, ¼ L, FULL TRIPLE SPIN FWD R

&1,2 & Turn ¼ L on L, Turn a further ½ L Stepping back on R, Turn a further ¼ L Ending with L to L side (3:00)
3,4&5&6 Cross Rock R over L, Rock back on L & Step R to R, Cross Rock L over R & Replace wt on R, Turn ¼ L on L (12:00)
7&8 Full Triple Spin fwd over R – Stepping R,L,R (12:00)

[17 – 25] WALK CNR, COASTER ROCK, REPLACE & ½ L, STEP BACK, CROSS SWEEP, CROSS SWEEP, STEP FWD, 3/8 PIVOT L, STEP FWD

1,2&3,4& Step Fwd on L into L corner (11:00), Step fwd R & Step L beside R, Rock back on R, Replace wt on L & Turning ½ L Step back on R (5:00)
5,6,7,8&1 Step back L, Cross R over L Sweeping L to L, Cross L over R Sweeping R to R, Step fwd R & Pivot 3/8 L (12:00), Step fwd R (12:00)

[26 – 32] ROCK FWD & REPLACE, ½ L, ½ L, ¼ L, SIDE R / DRAG L, 1 ¼ TRIPLE L

2&3,4,5 Rock fwd L & Replace wt on R, Turn ½ L on L (6:00) – Travelling fwd Turn a further ½ L Stepping back on R, Turn a further ¼ L Ending with L to L side (9:00)
6,7&8 Step R to R side Dragging L towards R, Travelling to L side Turn 1 ¼ L Stepping L,R,L (6:00)

[33 – 34] STEP FWD R, PIVOT ½ L DRAG BESIDE

1,2 Step Fwd R, Pivot ½ L (Drag R towards L) (12:00)

[35 – 43] STEP FWD / DRAG, SIDE ROCK & REPLACE, CROSS, SIDE & ½ HINGE L, STEP FWD, ¼ L CROSS & SIDE, CROSS & ¼ L BACK, COASTER BACK L

1,2&3 Step fwd R dragging L towards R, Rock L to L side & Replace Wt on R, Cross L over R (12:00)
4&5 Step R to R Side & Hinge ½ L Ending with L to L side, Step fwd onto R (6:00)
6&7& Turning ¼ L Cross L over R & Step R to R, Cross L over R (3:00) & Turning ¼ L Step back on R (12:00)
8&1 Step back L & Step R beside L, Step fwd onto L (12:00)

[44 – 50] ¾ TRIPLE SPIN FWD R, STEP SIDE / DRAG, R SAILOR DRAG, BALL CROSS & ¼ R, ½ R

2&3,4 Travel fwd – Turning ¾ R Triple Spin Stepping R,L,R (9:00), Step L to L side Dragging R towards L (9:00)
5&6&7&8 Cross R behind L & Rock L to L, Replace Wt on R & Stepping L to L Cross R over L & Turning ¼ R Step back on L, Turn ½ R on R (6:00)

[51 – 58] LUNGE FWD, REPLACE & ½ L, LUNGE FWD, RELACE & ¼ R, CROSS SAMBA L, CROSS & ¼ R, ¼ R

- 1,2&3,4& Lunge fwd L, Replace & ½ L, Lunge fwd R, Replace wt on L & Turn ¼ R on R Stepping R to R side (3:00)
- 5&6,7&8 Cross L over R & Rock R to R, Replace Wt on L, Cross R over L & Turning ¼ R step back on L, Turning a further ¼ R End with R to R side (9:00)

[59 – 66] CROSS ROCK, REPLACE & STEP SIDE, CROSS ROCK, REPLACE & STEP SIDE, STEP FWD, ½ PIVOT R, FULL TRIPLE SPIN FWD L

- 1,2,&3,4& Cross Rock L over R , Rock back on R & Step L to L, Cross Rock R over L, Replace Wt on L & Step R to R (9:00)
- 5,6,7&8 Step fwd L, Pivot ½ R (3:00), Travel fwd – Full Triple Spin fwd L Stepping L,R,L (3:00)

RESTART: On Wall 3 dance to count 32 – Continue Dance from Count 35 facing 12:00

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