

Hao Jiu Bu Jian (好久不見) (zh)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Phrased High Beginner
編舞者: Irene Deng (TW) - 2017年05月
音樂: Hao Jiu Bu Jian (好久不見) - 5566 : (iTunes)



Intro : 64 count (Approx. 11 Seconds Into Track)
Sequence : Bridge AAA B AAA /Tag AA B A(8 counts)

BRIDGE : 32 COUNTS

1 – 8 R Shuffle To Right , L Touch, L Shuffle To Left, R Touch
9 –16 Step R to right side, L touch beside R, Step L to left side, R touch beside L, Step R to right side, L touch beside R, Step L to left side, R touch beside L

[17–32] Repeat 1 -16

1 – 8 右足向右交換步 , 左足向左交換步
9 – 16 右足右旁踏 , 左足點右足旁 , 左足左旁踏 , 右足點左足旁
 右足右旁踏 , 左足點右足旁 , 左足左旁踏 , 右足點左足旁
17 -32 重複 1 – 16 腳步

PART A: 32 counts

SECTION A1: FORWARD SHUFFLE X2 , CROSS,BACK, TRIPLE STEP & HIP SWAYS

1 & 2 Step R forward diagonal (1:30) , step L next to R, step R forward
3 & 4 Step L forward diagonal (10:30) , step R next to L, step L forward
5 – 6 Cross R over L, Step L back
7 & 8 Step R back beside L, Triple step (RLR) & Hip sways (RLR)
1 & 2 右足右斜前交換步 (1:30)
3 & 4 左足左斜前交換步 (10:30)
5 – 6 右足交叉踏左足前 , 左足退
7 & 8 右足退左足旁 , 左右足原地交換踏(右左右)合併擺臀

SECTION A2: CROSS, RECOVER, CHASSES X 2

1 – 2 Cross L over R, Recover on R
3 & 4 Step L to left side, step R next to L, Step L to left side
5 – 6 Cross R over L, Recover on L
7 & 8 Step R to right side, step L next to R, Making 1/4 turn right Step R forward (3:00)
1 – 2 左足交叉右足前下沉 , 重心回右足
3 & 4 左足左踏 右足併左足旁 左足左旁踏
5 – 6 右足交叉左足前下沉 , 重心回左足
7 & 8 右足右踏 左足併右足旁 右足右轉1/4前踏(3:00)

SECTION A3 : 1/4 PIVOT TURN RIGHT, SHUFFLE, HIG TURN , SHUFFLE

1 - 2 Step forward on L, 1/4 pivot turn right, Recover on R (6:00)
3 & 4 Cross L over R, Step R next to L, Cross L over R
5 – 6 1/4 Turn left R back, 1/4 Turn left step L to left side (12:00)
7 & 8 Cross R over L, Step L next to R, Cross R over L
1 – 2 左足前踏右轉1/4(6:00) 重心右足
3 & 4 左足右斜前交換步(左右左)
5 – 6 左轉1/4(3:00) 右足退 左轉1/4(12:00) 左足旁踏
7 & 8 右足左斜前交換步 (右左右)

SECTION A4 : ROCK, RECOVER,WEAVE RIGHT, ROCK, RECOVER, BEHIND, RECOVER

1 – 2 Rock L to left, Recover on R
3 & 4 Cross L behind R, Step R to right, Cross L over R
5 – 8 Rock R to right side, Recover to L, Cross R behind L, Recover on L (12:00)

- 1 – 2 左足左旁踏 重心回右足
- 3 & 4 編織步 左足交叉右足後 右足旁踏 左足交叉右足前
- 5 – 8 右足右旁踏 重心回左足(5 6) 右足交叉踏左足後 重心回左足 (7 8)

PART B : 32 count

SECTION B1 : SIDE, TOGETHER, SIDE , TOUCH X2

- 1 – 4 Step R to right, Step L beside R, Step R to right, Touch L beside R
- 5 – 8 Step L to left, Step R beside L, Step L to left, Touch R beside L
- 1 – 4 右足右踏 左足併右足旁 右足右踏 左足點右足旁
- 5 – 8 左足左踏 右足併左足旁 左足左踏 右足點左足旁

SECTION B2 : ROCKING CHAIR X2

- 1 – 4 Step R forward, Recover on L, Step R back, Recover on L
- 5 – 8 1/4 Turn left Step R forward, Recover on L, Step R back, Recover on L (9:00)
- 1 – 4 右足前搖椅步
- 5 – 8 左轉1/4(9:00) 重複右足前搖椅步(9:00)

SECTION B3 : 1/4 TURN LEFT ROCK ,RECOVER, SUFFLE, ROCK, RECOVER, SHUFFLE

- 1 – 2 1/4 Turn left Rock R to right, Recover on L (6:00)
- 3 & 4 Cross R over L, Step L next to R, Cross R over L
- 5 – 6 Rock L to left, Recover on R (6:00)
- 7 & 8 Cross L over R, Step R next to L, Cross L over R
- 1 - 2 左轉1/4(6:00) 右足右旁踏 重心回左足
- 3 & 4 右足左斜前交換步 (右左右)
- 5 – 6 左足左旁踏 重心回右足
- 7 & 8 左足右斜前交換步(左右左)

SECTION B4 : ROCKING CHAIR X2

- 1 – 4 Step R forward, Recover on L, Step R back, Recover on L
- 5 – 8 1/4 Turn left Step R forward, Recover on L, Step R back, Recover on L (3:00)
- 1-4 右足前搖椅步
- 5-8 左轉1/4(3:00) 重複右足前搖椅步(3:00)

Notes : When the Part B ends, turn left to Part A

提示: 當 B 結束 及左轉12:00 重新A 起跳

TAG(c) : 40 COUNTS

Section T1 : ROCKING CHAIR, FORWARD, 1/4 TURN RIGHT, 1/4TURN RIGHT POINT, 1/4 TURN RIGHT POINT

- 1&2&3&4 Step R forward diagonal (10:30), Recover on L, Step R back, Recover on L, Step R forward diagonal (10:30), Recover on L, 1/8 Turn right(12:00) Step R beside L
- 5 6,7&8 Step L forward, 1/4Turn right, Recover on R, 1/4Turn right point L to left, Recover on R, 1/4 turn right point L to left (9:00)
- 1&2&3&4 右足斜前(10:30)搖椅步(右左右左右左) 第四拍右轉1/8(12:00)右足併左足旁
- 5 6,7&8 左足前踏 右轉1/4(3:00)重心右足 續右轉1/4左足旁點 續右轉1/4 重心右足 左足旁點

Section T2 : ROCKING CHAIR, FORWARD, 1/4 TURN LEFT, 1/4 TURN LEFT POINT, 1/4TURN LEFT POINT

- 1&2&3&4 Step L forward diagonal (10:30), Recover on R, Step L back, Recover on R, Step L forward diagonal (10:30), Recover on R, 1/8 Turn left(9:00) Step L beside R
- 5 6,7&8 Step R forward, 1/4Turn left(6:00), Recover on L, 1/4Turn left(3:00) point R to right, Recover on L, 1/4 turn left(12:00) point R to right (12:00)
- 1&2&3&4 左足斜前(10:30)搖椅步(左右左右左右) 第四拍左轉1/8(9:00)左足併右足旁
- 5 6,7&8 右足前踏 左轉1/4(6:00)重心左足 續左轉1/4(3:00)右足旁點 續左轉1/4(12:00) 重心左足 右足旁點

Section T3 : Repeat Section 1

Section T4 : Repeat Section 2

第三個八 重複第一個八拍腳步

第四個八 重複第二個八拍腳步

Section T5 : ROCKING CHAIR, COASTER

1&2&3&4 Step R forward diagonal (10:30), Recover on L, Step R back, Recover on L, Step R forward diagonal (10:30), Recover on L, 1/8 Turn right(12:00) Step R beside L

5 6,7&8 Step L forward, Recover on R, Step L back, Step R back beside L, Step L forward

1&2&3&4 右足斜前(10:30)搖椅步(右左右左右左) 第四拍右轉1/8(12:00)右足併左足旁

5 6,7&8 左足前踏 重心回右足 左足退 右足退併左足旁 左足前踏

Have fun!!! Happy Dance

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