

Dance

拍數: 48 牆數: 4 級數: Improver
編舞者: Sascha Wolf (DE) - May 2017
音樂: Dance - Rascal Flatts



Part 1

1 & 2 Lf fwd, RF to side, LF back with a 1/8 pivot to left
3 & 4 RF back with a 1/8 pivot to left, LF to side, RF fwd
5 & 6 LF fwd, RF to side, LF Step on Place
7 & 8 RF cross over LF, LF to side, RF cross over LF

Part 2

& 1 2 LF to side, RF cross over with heel, LF on place
& 3 4 RF to side, LF cross over with heel, RF on place
& 5 6 LF to side, RF cross over with heel, LF on place
&7&8 RF close to LF, LF point to side, LF close to RF with 1/4 turn to left, RF point to side

Part 3

&1&2 RF close to LF, LF point to side, LF close to RF with 1/4 turn to left, RF point to side
3 4 the heel of pointed RF turns in out in out
5 6 RF diagonal fwd, LF back on place
7 & 8 RF back pivot 1/8 left, LF side pivot 1/8 left, RF cross over

Part 4

1 2 LF diagonal fwd, RF back on place
3 & 4 LF back pivot 1/8 left, RF side, LF fwd
5 6 RF fwd, LF fwd
7 & 8 Kick Ball Change: RF Kick fwd, RF step on Ball to back, LF on Place

Part 5

1 2 RF fwd pivot 1/2 left, LF fwd on place
3 & 4 Shuffle fwd R L R
5 6 LF fwd pivot 1/2 left, RF fwd on place
7 & 8 Shuffle fwd L R L

Part 6

1 - 6 Repeat Part 5 (1-6)
7 8 LF fwd pivot 1/2 left, RF close to LF

TAG: after 2 Runs: RF close to LF without weight, RF side, LF close to RF without weight

Start again

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