

Wear and Tear

拍數: 40 牆數: 4 級數: Improver
編舞者: Rob McKean (CAN) - May 2017
音樂: Wear & Tear - Ben Hudson



Side Step, Touch, Side Step Touch, Step Lock Step Scuff, Syncopated Train, ½ Pivot

1& Step side right, touch L beside R
2& Step side left, touch R beside L
3&4& Step forward on R, slide L up behind R, step forward on R, scuff L
5&6& Rock forward on L, recover on R, rock back on L. recover on R
7-8 Step forward on L, pivot ½ turn right onto R

Side Step, Touch, Step, Touch, Step Lock Step Scuff, Syncopated Train, ½ Pivot

9& Step side Left, touch R beside L
10& Step side Right, touch L beside R
11&12& Step forward on L, slide R up behind L, step forward on L, scuff R
13&14& Rock forward on R, recover on L, rock back on R, recover on L
15-16 Step forward on R, pivot ½ turn left onto L

(Tag here on 2nd and 5th Repetition)

Strut Forward Twice, Toe Touch Twice, Repeat

17& Touch R toe forward, step down on R
18& Touch L toe forward, step down on L
19&20& Touch R toe to right, step together on R, touch L toe to left, step together on L
21& Touch □R toe forward, step down on R
22& Touch L toe forward, step down on L
23&24& Touch R toe to right, step together on R, touch L toe to left, step together on L

Mambo Forward, Mambo Back, ½ Pivot, ¼ Pivot

25&26 Rock forward onto R, recover onto L, step together on R
27&28 Rock back onto L, recover onto R, step together onto L
29-30 Step forward on R, pivot ½ turn left onto L
31-32 Step forward on R, pivot ¼ turn left onto L

Vaudeville, Ball Cross, Side, Rock Back, Recover, Scuff

33&34 Cross R over L, step back on L, touch R heel in front
&35&36 Step together on R, cross L over R, step back on R, touch L heel in front
&37-38 Step together on L, cross R over L, step side left on L
39&40 Rock back on R, recover on L, scuff R.

Tag:

Right Jazz Box Cross

1-4 Cross R over L, step back on L, step side right on R, cross L over R

Dance Sequence:-

Dance the first 12 counts of the dance then Restart the dance

Dance the first 16 counts of the dance, plus the Tag, then Restart the dance

Dance the entire dance

Repeat all of the above.

Dance the entire dance

Dance up to and including count 32, then Restart the dance

Dance the entire dance twice.

Dance the first 8 counts of the dance plus 1 beat. (Step forward on L)

Optional Step in place of Vaudeville: (Counts 33-40)

Cross Rock Recover

- 1&2 Cross R over L, recover on L, step R beside L
- 3&4 Cross L over R, recover on R, step L beside R
- 5-6 Cross R over L, step side left
- 7&8 Rock back on R, recover on L, scuff L

Contact: robmckean@rogers.com
