

Lonely Lies

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Debbie Ellis (ES) - April 2017
音樂: Lies of the Lonely (feat. Connie Britton) - Nashville Cast : (Album: Music of Nashville, Season 3, Vol 1)



Chasse Right, Back Rock, Recover, Chasse Left, Back Rock Recover.

1&2 Step R to R side, close L beside R, step R to R side.
3-4 Rock back on to L, Recover on R.
5&6 Step L to L side, close R beside L, step L to L side.
7-8 Rock back on to R, Recover on L.

Side, Behind, Chasse 1/4 Turn, Step, Pivot 1/2 Turn, Left Shuffle.

1-2 Step R to R side, step L behind R.
3&4 Step R to R side, close L beside R, step R fwd making a 1/4 turn to R.
5-6 Step L fwd, Pivot 1/2 turn R (weight on R).
7&8 Step L fwd, close R beside L, step L fwd.

Step, Kick, Back Touch, Jazzbox.

1-2 Step R fwd, kick L fwd.
3-4 Step back on L, touch R beside L.
5-8 Cross R over L, step L back, step R to R side, step L slightly fwd.*

Heel, Hold, Heel, Hold, Heel Switches x3, Clap.

1-2 Touch R heel fwd, HOLD.
&3-4 Step R in place, touch L heel fwd, HOLD.
&5&6 Step L in place, touch R heel fwd, step R in place, touch L heel fwd.
&7-8 Step L in place, touch R heel fwd, clap.**

Restart* During walls 4 & 9, dance up to count 24 then start dance again.

Tag** At end of wall 5, dance these 8 counts: (facing 9 o'clock)

Grapevine Right, Scuff, Grapevine Left, Scuff.

1-4 Step R to R side, cross L behind R, step R to R side, scuff L.
5-8 Step L to L side, cross R behind L, step L to L side, scuff R.

Have fun xxx
