My House



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Myra Harrold (SCO) - May 2017

音樂: My House - Nell Bryden: (Album: Bloom)



Start On Vocals After Drum Roll. - No Tags, No Restarts

A(1-8) TOUCH, KICK, 1/4 TURN, COASTER, ROCK, RECOVER, 1/2 TURN SHUFFLE

1&2 Touch R Toe To Lf,1/4 Turn Right, Kick Right Forward

3&4 R Coaster Step

5-6 Rock Forward On Lf,Recover On Rf

7&8 1/2 Turn Shuffle Left (9)

B(1-8) FULL TURN, ROCKING CHAIR, STEP 1/2 TURN

1-2 1/2 Turn Left,Step Rf Back,1/2 Turn Left,Step Lf Forward
3-4-5-6 Rf Rock Forward,Recover On Lf,Rf Rock Back,Recover On Lf

7-8 Rf Forward, 1/2 Turn Left (3)

C(1-8-1) RIGHT ANCHOR STEP, FULL TURN, LEFT ANCHOR STEP

1-2&3 RF forward,rock LF behind RF,recover on RF,step LF back

4-5-6 1/2 Turn Right Step Rf Forward ,Step Lf Forward 1/2 Turn Right,Rf Forward

7-8&1 LF forward,rock RF behind LF,recover on LF,step RF back.

D(2-8) 1/2 TURN, ROCK, RECOVER, JUMP BACK, HOLD, ELVIS KNEES

2-3-4 1/2 Turn Left Stepping Lf Forward, Rock Rf Forward, Recover On Lf

&5-6 Small Jump Back,Rf,Lf,Hold 7-8 R Knee In,L Knee In (9)

E(1-8) ROCK, RECOVER, SHUFFLE 1/4, FORWARD LF, STEP 1/4, HINGE 1/2, HOLD

1-2-3&4 Rock Rf Across Lf, Recover And Shuffle 1/4 Right

5-6-7-8 Lf Forward, Turn 1/4 Left, Rf To Side, Hinge Turn 1/2 Left, Lf To Side, Hold (3)

F(1-8) SIDE JUMP LEFT, ROCK, RECOVER, SIDE, CROSS, POINT, MONTERAY 1/2, POINT

&1-2-3-4 Small Jump Left(Rf To Left,Step Lf To Left)Rock Rf Across,Recover On Lf,Rf To Right Side

5-6-7-8 Cross Lf Over Rf, Point Rf To Side, 1/2 Monteray Right, Point Left (9)

G(1-8) CROSS, POINT, TOE, KICK, CROSS, HOLD, AND CROSS, STEP BACK

1-2 Cross Lf Over Rf, Point Right

3-4-5-6 Touch R Toe To Lf,Rf Kick Diagonal Right,Cross Rf Over Lf,Hold

&7-8 Lf Back And Cross Rf Over Lf, Step Lf Back (9)

H(1-8) ROCK BACK, RECOVER, TURN, ROCK TO SIDE, RECOVER, RIGHT JAZZ BOX

1-2-3-4 Rf Rock Back, Recover On Lf,1/4 Turn Left, Rock Rf To Side, Recover On Lf Cross Rf Over Lf, Step Lf Back, Step Rf To Right Side, Step Lf Forward

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