

# Moving On

COPPER KNOB  
BY STEPHEN

拍數: 40      牆數: 4      級數: Intermediate WCS  
編舞者: Magali Chabret Erhard (FR) - May 2017  
音樂: Moving On and Getting Over - John Mayer : (CD: The Search For Everything)



## #8+16 counts intro

### S1 : 2 WALKS, KICK BALL POINT, BALL HEEL, BALL TOUCH, L COASTER STEP

1-2            Step Rf forward – step Lf forward  
3&4           Kick Rf forward – step ball of Rf next to Lf – point Lf to side  
&5&6        Step ball of Lf next to Rf – touch right heel forward – step Rf beside Lf – touch left toe beside Rf  
7&8           Step back on Lf – step Rf next to Lf – step Lf forward

### S2 : PIVOT ½ TURN L, TRIPLE STEP FWD, PIVOT ½ TURN R, FRENCH CROSS ½ TURN R

1-2            Step Rf forward – pivot 1/2 turn left (6:00)  
3&4           Step Rf forward – step Lf beside Rf – step Rf forward  
5-6           Step Lf forward – pivot 1/2 turn right (12:00)  
7&8           1/4 turn right stepping Lf to left side – cross Rf over Lf – 1/4 turn right stepping back on LF (6:00)

### S3 : ¼ TURN R, CROSS, HEEL DIG TWICE, SYNCOPATED JAZZ BOX ¼ TURN R, HEEL JACK

&1            1/4 turn right stepping Rf to side – cross Lf over Rf (9:00)  
&2            Small Hitch with right knee – Dig right heel diagonally right forward  
&3            \*\*□ Small Hitch with right knee – Dig right heel diagonally right forward

**Note : right shoulder rises during the hitch, left shoulder rises during the dig (right shoulder goes down)**

**\*\* Tag & Restart here, wall 5**

4-5&6        Cross Rf over Lf – 1/4 turn right stepping back on Lf – step Rf to side – cross Lf over Rf (12:00)  
&7&8        Step Rf diagonally back – touch left heel forward – step down on Lf – touch Rf next to Lf

### S4 : ¼ TURN L with 2 WALKS BACK, COASTER STEP BALL STEP, SWIVEL ¼ TURN L, RECOVER, ¼ TURN R with POINT

1-2            1/4 turn left stepping back on Rf (raise left toe) – step back on Lf (raise right toe) (9:00)  
3&4           Step back on Rf – step Lf next to Rf – step Rf forward  
&5            Step ball of Lf next to Rf – step Rf forward  
6-7           Swivel both heels with 1/4 turn left – swivel both heels with 1/4 turn right, taking weight on Rf (9:00)  
8            1/4 turn right point left toe to side (12:00)

### S5 : SWITCH, SIDE ROCK, R SAILOR STEP, BEHIND SIDE TOUCH, ¼ TURN L, PIVOT ½ TURN L

&1-2        Step Lf next to Rf – Rock Rf to right side – recover onto Lf  
3&4        Step ball of Rf behind Lf – step ball of Lf to side – step Rf to side  
5&6        Step Lf behind Rf – step Rf to side – touch Lf beside Rf  
7&8        1/4 turn left stepping Lf forward – step ball of Rf forward – 1/2 turn left stepping Lf forward (3:00)

**Tag & Restart: during wall 5, dance 19 counts (Dig twice) then add one Dig on your right heel (&4).  
Restart facing 9:00**

« Croquez la vie à pleines danses ! » Magali Chabret - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr)

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.

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