

Call Me Out

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sobrielo Philip Gene (SG) - April 2017
音樂: You Can Call Me Al - Paul Simon : (Album: Graceland)



Intro: 32 counts @ 0.15

[1-8] □DOROTHY STEP R,LR,L

1-2& Step right forward (1), lock left behind right (2), step right forward(&)
3-4& Step left forward (3), lock right behind left (4), step left forward (&)
5-6& Step right forward (5), lock left behind right (6), step right forward(&)
7-8& Step left forward (7), lock right behind left (8), step left forward (&) (12.00)

NOTE: Do this diagonally R and L

[9-16]□FORWARD ROCK BEHIND SIDE CROSS, SIDE ROCK ¼ COASTER

1-2 Rock right forward (1), recover weight onto left (2)
3&4 Step right behind left (3), step left to left (&), cross right over left (4)
5-6 Rock left to left (5), recover weight onto right (6)
7&8 Step left behind right (7), making ¼ left step right back (&), step left forward (8) (9.00)

[17-24] □POINT CROSS, SIDE ROCK CROSS × 2

1-2 Point right to right (1), cross right over left (2)
3&4 Rock left to left (3), recover weight onto right (&), cross left over right (4)
5-6 Point right to right (5), cross right over left (6)
7&8 Rock left to left (7), recover weight onto right (&), cross left over right (8)(9.00)

NOTE: You will be moving slightly forward.

[25-32] □KICK BALL CHANGE ¼ × 2, JAZZ BOX ¼ CROSS

1&2 Kick right forward (1), making ¼ right step right forward (&), step left beside right (2)(12.00)
3&4 Kick right forward (3), making ¼ right step right forward (&), step left beside right (4) (3.00)
5-6 Cross right over left (5), step left slightly back (6),
7-8 Making ¼ right step right to right (7), cross left over right (8) (6.00)

Restart: On wall 2

(33-40)□ SIDE HOLD, BESIDE SIDE HOLD, BESIDE SIDE BUNCE ¼ TURN

1-2 Step right to right (1), hold (2)
&3-4 Step left beside right (&), step right to right (3), hold (4)
&5 Step left beside right (&), step right to right (5),
6-8 Making ¼ left bounce feet 3 times (weight on left) (3:00)

(41-48) REPEAT COUNTS 33-40 (12:00)

(49-56) □CROSS SIDE SAILOR STEP, CROSS SIDE SAILOR ¼

1-2 Cross right over left (1) step left to left (2)
3&4 Step right back of left (3), step left slightly to left (&), step right slightly to right (4)
5-6 Cross left over right (5), step right to right (6)
7&8 Cross left behind right (&), making ¼ left slightly step right to right (&), step left forward(8)(9:00)

(57-64)□PIVOT ½ × 2, ROCKING CHAIR, STOMPS

1-2 Step right forward (1), turn ½ turn left (2)
3-4 Step right forward (3), turn ½ turn left (4)
5&6& Rock right forward (5), recover onto left (&), rock right back (6), recover onto left (&)

7-8 Stomp right in place (7), stomp left in place (6) (9:00)

Restart: Wall 2 after 32 counts (Jazz box cross) RESTART THE DANCE

Contact: sphilipg@hotmail.com (DANCE WITH SOUL)
