Do You Know (Ping Pong Song)

牆數: 4

級數: Intermediate

編舞者: Ruth Sims (USA) - May 2017

音樂: Do You Know? (The Ping Pong Song) - Enrique Iglesias

Start dancing on count 28

S1: Side Rock Recover, Behind Side Cross, Sway Sway, x's 2

- 1,2,3&4 R side rock out, recover on L, step R behind L, step L to side, cross R over L
- 5,6,7,8 step to side as you sway L, sway R, sway L, sway R (weight ends on R)

S2: Sailor ¼ Turn L, ¼ Pivot L Hip Roll x's 2, Cross Shuffle

- 1&2 3,4 turn ¼ L stepping LRL (sailor turn) step R forward roll hip ¼ turn L
- 5,6 7&8 step R forward roll hip ¼ turn L, cross R over L shuffle RLR (3:00)

S3: Step touches x3 with ¼ Turn R, Shuffle Forward RLR

- 1,2,3,4 step on L, touch R out to side, step on R, touch L out to side
- 5,6 7&8 step on L touch R out to side with a ¼ turn R, shuffle forward RLR (6:00)

S4: Full Turn R, Rock Forward, Recover, Coaster, ¼ Pivot Hip Roll L

Or Walk Forward, L, R, Rock Forward, Recover, Coaster, ¼ Pivot L Hip Roll

- 1,2,3,4, step back on L turning ½ turn R, step forward on R turning ½ turn R, rock forward on L, recover on R (6:00) Or walk forward L,R, rock forward on L, recover on R
- 5&6,7,8 (coaster) step back on L slide R to L step forward on L, step forward on R ¼ hip roll L (3:00)

S5: Step Lock, Step Lock Step, Rock Forward Recover, Rock Back Recover

- 1,2,3&4 step forward on R, slide L behind R, step R forward, slide L behind R, step R forward
- 5,6,7,8 rock forward on L, recover, rock back on R. recover

S6: Step ½ Pivot, Shuffle Forward, Rock Recover, Rock Back Recover

- 1,2,3&4 step forward on L, ½ pivot R, shuffle forward LRL
- 5,6,7,8 rock forward on R recover, rock back on R recover

Start Over

Dance ends to 12:00 last count of dance

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拍數: 48