Smoke A Little Smoke



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Ronnie Russell (USA) - May 2017 音樂: Smoke a Little Smoke - Eric Church



Walk, Walk, Step Lock Step, Step Lock Step, Step ½ Turn

1 – 2	Weight is on Left Foot. Step Right foot forward, step Left foot forward.
3 & 4	Weight is on L. Step R foot forward, Lock L foot behind R, step R foot forward.
5 & 6	Weight is on R. Step L foot forward, Lock R foot behind L, step L foot forward.

7 – 8 Weight is on L. Step R foot forward, make a ½ turn towards L. Weight is on L.

Mambo Forward, Mambo Back, Shuffle R, L, R, Kick, Out, Out

1 & 2	Weight on L. Mambo for	ward on R. Recover on L	, Step R beside L, Weight is on R.
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3 & 4	Mambo back on L,	Recover on R.	Step L beside R.	. Weight is on L.

5 & 6 Shuffle forward on R, L, R. Weight is on R.

7 & 8 Kick L forward, step out to L side on L, step out R side on R, weight is on R foot.

Step, Cross, Step, Behind and Cross, Rock 1/4 Turn, Coaster Step

& 1 2	Step L foot beside R, Cross R foot over L. Step L foot to L side, weight is on L.
3 & 4	Step R foot behind L, Step L foot to L side, Cross R foot over L. Weight is on R.
5 – 6	Step L foot to L side, recover on R. Weight is on R foot.

7 & 8 Make a ¼ turn to L, with a coaster step on L, R, L. Weight is on L foot.

Step ½ Turn, Step ½ Turn, Kick, & Heel, & Toe, & Heel &

1 – 2	Step R foot forward, make a ½ turn to L, with L foot taking weight.
3 – 4	Step R foot forward, make a ½ turn to L, with L foot taking weight.
5 & 6	Kick R foot forward, step R foot beside L, Place L heel forward. Weight is on R.
& 7 &	Place L heel beside R, Place R toe back, Place R foot beside L. Weight is on L.
8 &	Place L heel forward. Place L foot beside R. weight is on L.