

House Of Cards

拍數: 64 牆數: 2 級數: Intermediate
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音樂: House of Cards - Kezia Gill : (amazon & iTunes)



Phrasing: No Tags or Restarts

Intro: 8 Count intro – approx. 4 seconds

[1-8] □ Forward Rock, Side Rock, Coaster Step, Lock Step Forward, ¼ Pivot, Cross.

1&2& Rock forward right, recover on to left. Rock right to right side, recover on to left.
3&4 Step back right, close left to right, step forward right.
5&6 Step forward left, lock right behind left, step forward left.
7&8 Step forward right, pivot ¼ turn left, cross right over left. (9:00)

[9-16] □ Hinge ½ Turn. Step, Touch, Step, Kick, Weave Left. Rock ¼ Step.

1&2 Turn ¼ right stepping back left, turn ¼ right stepping side right, cross left over right. (3:00)
3&4& Step right slightly to right forward diagonal, touch left behind right. Step left back to place, kick right diagonally forward.
5&6 Cross right behind left, step left to left side, cross right over left.
7&8 Rock left to left side, recover weight on to right turning ¼ right, step forward left. (6:00)

[17-24] □ Pivot ½, ½ Turn, Reverse Rocking Chair, Coaster Step, Scuff, Lock Step forward.

1&2 Step forward right, pivot ½ turn left. Turn ½ left stepping back right. (6:00) (Easier – Right Mambo Step)
3&4& Rock back left, recover weight on to right. Rock forward left, recover weight on to right.
5&6& Step back left, close right to left, step forward left, scuff right heel forward.
7&8 Step forward right, lock left behind right, step forward right.

[25-32] □ Mambo Forward, Mambo Back, Heel Switches, Hook, Heel.

1&2 Rock forward left, recover weight on to right, close left to right.
3&4 Rock back right, recover weight on to left, close right to left.
5&6& Dig left heel forward, step left to place. Dig right heel forward, step right to place.
7&8& Dig left heel forward, hitch / hook left in front of right leg, dig left heel forward, close left to right.

[33-40] □ Monterey ¼ Turn, Touch, Point Out-In-Out-In. Grapevine Right, Cross Rock ¼ Turn.

1&2& Point right to right side, close right to left turning ¼ right. Point left to left side, close left to right. (9:00)
3&4& Point right to right side, touch right beside left. Point right to right side, touch right beside left.
5&6 Step right to right side, cross left behind right, step right to right side.
7&8 Cross rock left over right, recover weight on to right, turn ¼ left stepping forward left. (6:00)

[41-48] □ Walk ¾ Turn, Mambo ½ Turn, Side Step, Heel/Toe/Heel Swivels.

1-4 Walk ¾ turn left in a circular motion stepping right-left-right-left. (9:00)
5&6 Rock forward right, recover weight on to left, make ½ turn right stepping forward right. (3:00)
7&8& Turn ¼ right stepping side left, Swivel right towards left –heel-toe-heel. (6:00)

(Counts 7&8& are similar to those in Doctor Doctor and Blue Finger Lou)

[49-56] □ Side Step, Heel/Toe/Heel Swivels, Scissor Step, Diagonal Step Touch x2, Scissor Step.

1&2& Step right to right side, swivel left towards right – heel-toe-heel.
3&4 Step left to left side, close right to left, cross left over right.
5& Step right diagonally back, touch left beside right & clap.
6& Step left diagonally back, touch right beside left and clap.

7&8 Step right to right side, close left to right, cross right over left.

[57-64] □ ¼ Box Turn, Left Sailor Step, Modified ¼ Turning Sailor Step.

1& Step left to left side, touch right beside left.

2& Turn ¼ left stepping side right, touch left beside right .(3:00)

3&4 Turn ¼ left stepping side left, touch right beside left. (12:00) Turn ¼ left stepping right to right side. (9:00)

5&6 Cross left behind right, step right to right side, step left to place.

&7&8 Cross right behind left, turn ¼ left stepping left to place. Stomp forward slightly right & left. (6:00)

Start Again – No tags or restarts. Have fun and keep dancing!!!
