

Gan Xie Ni

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nicky Tan (MY) - May 2017
音樂: Thank You (感謝妳) - Zhao Chuan (趙傳)



Dance starts at vocal

Section 1 : R side, Behind, Side, Cross, Back 2x, Back + Ronde 3x, Rock Back, Recover□

- 1,2& Step RF to side, Step LF behind RF, Step RF to side
- 3,4& Cross LF over RF, Step RF diagonally back, Step LF diagonally back (1:30)
- 5 Step RF back with Ronde (12:00)
- 6 Step LF back with Ronde
- 7 Repeat Step 5
- 8& Rock LF behind RF, Recover on RF

Section 2: Nightclub 2-Step Basic to L, then R, Run Run Step, Back 2x, ½ R, ½ R back

- 1,2& Step LF to side, Rock RF behind LF, Recover on LF (12:00)
- 3,4& Step RF to side, Rock LF behind RF, Recover on RF
- 5& Small step forward on LF then RF
- 6 Step LF forward
- 7& Step RF back, Step LF back
- 8& Turn ½ R & Step RF forward, Turn ½ R & Step LF back (12:00)

Easier option: ¼ R RF Step Side, LF Cross

- 8& Turn ¼ R & Step RF to side, Step LF together (3:00)

Section 3: ¼ R Side Rock, Recover,

- 1,2 Turn ¼ R & Rock RF to side, Recover on LF (3:00)
- 3& Cross RF over LF, Step LF to side
- 4& Turn ½ R & Step RF to side, Cross LF over RF (9:00)
- 5,6 Touch RF to side, Touch RF beside LF
- 7,8 Make a small circle with RF and end with RF touch beside LF

Section 4: R Step, Step ½ R Pivot Forward, Step ½ L Pivot Forward, Cross, Full turn Unwind

- 1,2& Step RF forward, Step LF forward, ½ R Pivot weight on RF (3:00)
- 3,4& Step LF forward, Step RF forward, ½ L Pivot weight on LF (9:00)
- 5,6 Step RF forward, Cross LF over RF
- 7,8 Slowly make a full turn unwind clockwise end with weight on LF

Easier option:

- 5,6 Step RF forward, Step LF to side & Sway body to L
- 7,8 Sway body to R then L

RESTART: At Wall 4 (3:00) Dance for 16 counts and restart dance at 6:00