

Lonely Drum

拍數: 32 牆數: 4 級數: Novice
編舞者: Judy McDonald (CAN) - May 2017
音樂: Lonely Drum - Aaron Goodvin : (iTunes)



Start with lyrics.

S1: □R side rock, L recover, R back coaster step

1 2 3&4 Rock R to side (1), recover on L (2), step R back (3), step L beside right (&), step R forward (4)

L side rock & cross, R scuff, hitch, step

5&6 7&8 Rock L to side (5), recover on R (&), cross L in front of right (6), scuff R heel forward & lift L heel (7), drop L hee (&), step R forward (8)

S2: □Twist heels x 4 making ½ turn left

1 2 3 4 Bump your hips as you twist your heels right to make a ½ turn (1,2,3,4) ...now facing 6 o'clock and weight is on right

L back coaster step, R kick ball change

5&6 7&8 Step L back (5), step R beside left (&), step L forward (6), kick R forward (7), step R back (&), step L in place (8)

S3: □R side rock, L recover, R side heel & cross

1 2 3&4 Rock R to side (1), recover on L (2), touch R heel to side (3), step R beside left (&), step L across in front of right (4)

R side triple, L sailor ¼ turn left

5&6 7&8 Step R to side (5), step L beside right (&), step R to side (6), make ¼ turn left and step L behind right (7), step R beside left (&), step L slightly forward (8)...now facing 3 o'clock

S4: □Walk forward R, L, R kick ball change

1 2 3&4 Walk R forward (1), walk L forward (2), kick R forward (3), step R back (&), step L in place (4)

R kick, L kick, walk forward R, L

5&6&7 8 Kick R forward (5), step R beside left (&), kick L forward (6), step L beside right (&), walk R forward (7), walk L forward (8)

***8 count TAG□This happens after the first chorus...so after the 3rd repetition (facing 9 o'clock)**

1 2 3&4 Do the first 4 counts on the R (as written above)

5 6 7&8 Do the first 4 counts on the L

...then start the dance from the beginning!□

...Have Fun & Happy Dancing!