

Younger Sister Sing Folk Songs For Brother

COPPER KNOB
STEPSHEETS

拍數: 138 牆數: 2 級數: Phrased Intermediate
編舞者: Yilin Li & Ping Tang - December 2016
音樂: Shan Ge Lian Zhe Mei He Ge (Chinese) by A Miao Qian Qian



Dance Sequence: A+turn 1/2 left+A+turn 1/2 left+T+B+turn 1/4 left+C+T+B+End

Intro : 24 counts. Begin on main vocals

Part A: 36 counts

A[1-12] step , cross , step , cross , bend knees (*4) , hop & hook (*4)

1234 step left to side , step right cross left , step left to side , step right cross left(10:30)

5678 knees bend and straight four time in place

9,10 rock hop left to left diagonal and hook right, rock hop right to right back diagonal and hook left(10:30)

11,12 repeat 9 , 10

A[2-8] cross , diagonal , cross , diagonal , diagonal , cross , diagonal , cross

1234 step left cross right , step right to right diagonal , step left cross right , step right to right diagonal(1:30)

5678 step left to left diagonal , step right cross left , step left to left diagonal , step right cross left(10:30)

A[3-8] turn 1/4 left , side , turn 1/2 left , side , in place , beside , lunges (*4)

1234 turn 1/4 left stepping left to left side (9:00) , turn 1/2 left stepping right to right side (3:00) , rock step left in place , step right beside left

56 lunges left to side, lunges right to side

78 repeat 56

A[4-8] walk (*4) , turn 1/4 left , pony jump (*2.)

1234 walk left, right, left, right forward(3:00)

5&67&8 turn 1/4 left and pony jump to left side, pony jump to right side (12:00)

Part B: 54 counts

B[1-8] side, touch side, side, touch side , bump hip counterclockwise (*4) ,hitch knee

1234 step left to side, touch right toe to side, step right to side, touch left toe to side (12 : 00)

5678 bump hip to make a round counterclockwise right-left-right for 4 counts, hitch left knee

B[2-8] Rock touch diagonal, hitch knee , Rock touch diagonal, hitch knee , lunges diagonal ,touch back, Knees bend and straight (*2)

12 Rock touch left to left diagonal (10:30) ,hitch left knee and recover to right,

34 repeat 12

5678 Rock lunges left to left diagonal (10:30) ,touch right toe back, Knees bend and straight twice in place

B[3-8] run forward right-left-right , side & bump hip counterclockwise , hitch knee , run forward left-right-left , side bump hip clockwise , hitch right knee

1&234 run forward right-left-right , step left to side and bump hip to make semi-cycle counterclockwise from right to left , bump hip to make semi-cycle counterclockwise from left to right and hitch left knee

5&678 run forward left-right-left , step right to side and bump hip to make semi-cycle clockwise from left to right , bump hip to make semi-cycle clockwise from right to left , and hitch right knee

B[4-6] run forward right-left-right ; side, touch side , hold

1&234 run forward right-left-right ; step left to side, touch right toe to side(12:00)
 56 hold 2 counts

B[5-8] rock cross , forward & flick , run forward right-left-right , touch , Knees bend and straight (*4) , recover

12 turn 1/8 left and rock step right cross left, step left forward and flick right back(10:30) ,
 3&4 run forward right-left-right (10:30)
 5678 touch left to left side , Knees bend and straight four time in place , upper body turn 1/8 right and weight from left to right(12:00)

B[6-8] cross , forward & flick back , run forward left-right-left ,touch , Knees bend and straight (*4) , upper body turn 1/8

12 step left cross right, step right forward and flick left back (1:30)
 3&4 run forward left-right-left (1:30)
 5678 touch right to right side , Knees bend and straight four time in place , upper body turn 1/8 left for 4 counts (12:00)

B[7-8] turn 3/4 left ,kick & fall(*6), knees bend and straight , hips throw out

12 Start to turn 3/4 left for 6 counts, kick left forward and fall, kick right forward and fall,
 34 repeat 1,2
 56 repeat 1,2
 78 knees bend and straight , hips throw out(3:00)

C组 : 48拍**Part C: 48 counts****C[1-8] Stomp in place and hitch knee (*6) , hitch knee & turn full left ,Stomp side**

12 Stomp left in place and hitch right knee , Stomp right in place and hitch left knee, (12 : 00)
 34 repeat 1,2
 56 repeat 1,2
 78 Stomp left in place and hitch right knee turning full left ,Stomp right to side

C[2-8] repeat 1-8 of Part B**C[3-8] repeat 1-8 of Part B****C[4-8] jump & stomp (*4) , lunges stomp diagonal, , toast pose , recover , hitch knee , drinking pose**

1234 apart feet jump and Stomp four time in place,
 5678 lunges stomp right to right diagonal, , Hands toast pose for 2 counts, weight to left, hitch right knee and upper body lean back , hands drinking pose for 2 counts (1 : 30)

C[5-8] jump & Stomp (*4) , hitch knee & turn full ,Stomp ,hold

1234 apart feet jump and Stomp four time in place, (12 : 00)
 5678 hitch right knee turning full left for 2 counts, Stomp right to side, hold

C[6-8] jump & Stomp (*4) , toast pose , drinking pose

1234 a part feet jump and Stomp four time in place,
 5678 Hands toast pose for 2 counts, upper body lean back and hands drinking pose for 2 counts

Tag : 8 counts**Turn 1/8 , side , bend knees & body fall , beside & heel up , waving hand , turn 1/4 , side , bend knees & body fall , beside & heel up , waving hand**

1234 turn 1/8 left stepping left to side , bend knees and Sitting position for 2 counts , step right beside left and heel up waving right hand for 2 counts(10 : 30)
 5678 turn 1/4 right stepping right to side , bend knees and Sitting position for 2 counts , step left beside right and heel up waving left hand for 2 counts(1 : 30)

End : 10 counts

Turn 1/4 left , forward , beside & heels up , turn 1/8 right , cross , turn 1/8 right , side , turn 3/8 right , forward , forward , forward , beside , turn 1/2 left , forward , touch side

1234 face to 3:00 , turn 1/4 left stepping left forward (12:00 , step right beside left and heels up , turn 1/8 right stepping left cross right (1:30) , turn 1/8 right stepping right to side (3:00)

5678 turn 3/8 right running left forward , run right forward , run left forward , step right beside left(7:30)

9, 10 turn 1/2 left stepping left forward (1:30) , turn 1/8 left and touch right to side (12:00)

Please refer to the video on hands movements.

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