

Ciao Adios Anne-Marie

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Annemaree Sleeth (AUS) - May 2017
音樂: Ciao Adiós - Anne-Marie : (Single - iTunes)



Start on Lyric Asked You ' Once ' about seconds in 10 seconds in
Written for any harder dances out there

SEC 1 □ [1 – 8] R SIDE, RECOVER,- CROSS SHUFFLE, L SIDE, RECOVER,- FWD SHUFFLE

1 – 2 Rock R Side , Recover L,
3 & 4 Cross R Over L. Step L Side, Cross R Over L
5 – 6 Rock L Side , Recover R,
7 & 8 Step L Forward, Lock R Behind R,, Step L Forward

Note : Step Locks Can Be Substitued For Shuffles □□□□□

Sec 2 □ [9 – 16] □ FORWARD, RECOVER-½ R SHUFFLE, STEP- ¼ PIVOT,- CROSS SHUFFLE

1 – 2 Step R Forward, Recover Left
3 & 4 Turning ½ Right Step R Forward, Lock L Behind R, Step R Forward □ - 6.00
5 – 6 Step L Forward, Pivot ¼ Right
7 & 8 Cross L Over R. Step R Side, Cross L Over R - 9.00

Sec 3 □ [17 – 24] BACK,- BACK, BACK LOCK BACK (Can Change Step Locks With Shuffles) BACK,- BACK, CROSS SHUFFLE

1 – 2 Step R Diagonal Back, Step L Diagonal Back
3 & 4 Cross R Over L. Step L Side, Cross R Over L (Danced On The Diagonal) - 9.00
5 – 6 Step L Diagonal Back, Step R Side
7 & 8 Cross L Over R. Step R Side, Cross L Over R (Danced Straight Across)

SEC 4 □ [25 – 32] SIDE RECOVER, SAILOR, ¼ L SAILOR, 2 WALKS OR FULL TURN

1 – 2 Rock R Side, Recover L
3 & 4 Sweep R □ Behind L, Step L Side, Step R Side
5 & 6 Turning ¼ L Sweep L Behind R, Step Side, Step L Forward □ - 6.00
7 – 8 Walk Forward R, Then L (Step On R Turn ½ Left Back, Step On L ½ Left Forward)

Restart During Wall 1 Facing Back Only Drop Counts 7 - 8 Of Sec 4

Ending Wall 11 Faces Front Wall

During Section 2 -Change Counts 5&6 To ½(Shuffle Forward) Instead Of ¼ Cross Shuffle

* I Hear Restarts But Have Chosen For Beginners To Dance Through Them

Youtube Site : Annemaree Sleeth.
Email : Inlinedancing@gmail.com