

Got Troubles

拍數: 32 牆數: 4 級數: Very Beginner
編舞者: Ilona Tessmer-Willis (USA) - May 2017
音樂: You've Got Your Troubles - The Fortunes



Steps in this dance are very basic, no syncopation or complicated turns to a classic song by the Fortunes. Restart is on wall 8 ---dance 12 counts & restart (easy to hear in the music).

Intro: 32 ct (dance begins on instrumental before lyrics)

S1: R STEP FORWARD, TOGETHER, R STEP FORWARD HOLD, L STEP FORWARD, TOGETHER, L STEP FORWARD HOLD

1-4 R Step Forward, L Close, R Step Forward, Hold,
5-8 L Step Forward, R Close, L Step Forward, Hold (weight on left)

S2: STEP BACK R HOLD, STEP BACK L HOLD, SWAY

1-4 R Step Back, Hold, L Step Back, Hold
5-8 Sway (weight on left)

S3: 1/4 R TURN: R STEP SIDE, TOGETHER, R STEP SIDE, L TAP, L STEP SIDE, TOGETHER, L SIDE, R TAP

1-2 1/8 R Turn: R Step Side, L Close
3-4 1/8 R turn: R Step Side, L Tap
5-6 L Step Side, R Close,
7-8 L Step Side, R Tap

S4: 2 R ROCKING CHAIR

1-2 R Rock Forward, L Recover
3-4 R Rock Back, L Recover
5-6 R Rock Forward, L Recover
7-8 R Rock Back, L Recover (weight on left)

Am not fond of Restarts or Tags in beginner dances however 12 counts are harder to ignore than say 8 or 16. Also, many beginner dancers know music & would want to "feel" the section start on 1, not 5.

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