

Lady

COPPER KNOB
BY STEPHEN PISTOIA

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Stephen Pistoia (USA) - May 2017
音樂: Lady (feat. Pitbull) - Austin Mahone : (iTunes)



Intro: 16 counts

(1-8) SIDE ROCK R, TRIPLE FULL TURN R, FORWARD PRESS L, ¼ TURN SAILOR L

1-2 step RF out to R , recover on L
3&4 step RF out R making 1/2 turn R, step LF next to RF, step RF out R making ½ turn
5-6 pres LF forward , recover on RF
7&8 sweep LF left making ¼ turn L, step RF next to LF, step LF forward (9o'clock)

(9-16) ROCK RECOVER FORWARD, ROCK RECOVER RIGHT, BACK SWEEP X 4

1-2 step RF forward, recover on LF
3-4 step RF out to R, recover on LF (9o'clock)
&5&6 step RF next to LF, sweep LF out to L, step LF next to RF, sweep RF out to R
&7&8 step RF next to LF, sweep LF out to L, step LF next to RF, sweep RF out to R

(17-24) WEAVE L, ROCK RECOVER L, SAILOR ¼ TURN L, ¼ TURN ½ HINGE TURN R

1&2 step Rf behind LF, step LF out to L, cross RF over RF
3-4 step LF out to L, recover on R
5&6 sweep LF making ¼ turn L, step RF next to L, step LF forward
7-8 step RF forward making ¼ turn R, pivot on RF sweeping LF to left ½ turn (9 o'clock)

(25-32) ROCK RECOVER R, ROCK RECOVER FORWARD KICK, COASTER STEP, SHUFFLE

1-2 step RF out to R, recover on L,
3-4 step RF forward, recover on L kicking RF
5&6 step RF back, step LF next to RF, step RF forward
7&8 step LF forward, step RF next to LF, step LF forward

No Tags Or Restarts - Enjoy !

Any questions contact me @ pistoias@gmail.com