Can't Go On

拍數: 64

級數: Improver

編舞者: Gary Spurway (UK) - May 2017

音樂: I Can't Go On - Robin Bengtsson : (Sweden Eurovision 2017)

section 1: Charleston step x2,

- 1-4 step forward on right , point left forward, step left back , point right back
- 5-8 step forward on right , point left forward, step left back , point right back

section 2: paddle round ,side touch side touch

- 1-4 paddle a full turn round to the left using right foot
- 5-6 step right to side and tap left next to right
- 7-8 step left to side and tap right next to it

section 3: slide to the right and left

- 1-4 big step to right and slide left next to it
- 5-8 big step to left and slide right next to it

*Be aware for Tags and Restarts here: see below for details

section 4: walk right, left, right, kick ,back left ,right , left ,tap right

- 1-4 walk forward right ,left ,right and kick left forward
- 5-8 walk back left ,right ,left and step right slightly apart from left

section 5: hips to the right ,hips to the left ,and circle hips in circle

- 1-2 hip bumps right
- 3-4 hip bumps left
- 5-8 roll your hips in full circle

section 6: point to right ,left ,step half turn , walk walk

- 1&2 do a ¼ turn left as u point right forward and return to position
- 3&4 do a ¼ turn right as u point left forward and return to position
- 5-6 step forward on right and do ¹/₂ turn
- 7-8 walk forward right, left

section 7: kick ball change x2 shuffle back coaster step

- 1&2 kick right forward ,right back ,recover weight on left
- 3&4 kick right forward ,right back ,recover weight on left
- 5&6 step right back ,left next to it , and right back
- 7&8 step left back ,right next to it ,left forward

section 8: kick ball change x2 shuffle forward mambo forward

- 1&2 kick right forward ,right back ,recover weight on left
- 3&4 kick right forward ,right back ,recover weight on left
- 5&6 step right forward ,left next to it ,right forward
- 7&8 rock forward on left ,recover weight on right, left next to right

Sorry for all the Tags and Restarts, they are not as bad as it looks.

wall 1 do four toe struts right left, right left after section 3....

wall 2 normal

- wall 3 do four toe struts right left, right left after section 3 then Restart
- wall 4 do just 2 toe struts right and left

wall 5 normal





牆數:2

Finish facing front wall after the paddle rounds in section 2.

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