

Golden

拍數: 32 牆數: 4 級數: Beginner
編舞者: Cheryl Williams (USA) - May 2017
音樂: 24K Magic - Bruno Mars



Intro (about 25 sec). Start dancing on the word "moon"

SAILOR STEP RIGHT/ LEFT, STEP TOUCH TWICE, SIDE SHUFFLE RIGHT

1&2 Cross R behind L, Step L to left side, Step R to right side
3&4 Cross L behind R, Step R to left side, Step L to right side
5&6& Step R to right side, Touch L next to R, Step L to left side, Touch R next to L
7&8 Step R to right side, Step L next to R, Step R to right side

STEP TOUCH TWICE, SIDE SHUFFLE LEFT, PIVOT ½ TURN LEFT TWICE

1&2& Step L to left side, Touch R next to L, Step R to right side, Touch L next to R
3&4 Step L to left side, Step R next to L, Step L to left side
5-6-7-8 Step R forward, Turn ½ left (weight on L), Step R forward, Turn ½ left (weight on left)

KICK, KICK, SCUFF-HITCH-OUT, ROLL OR SHAKE

1&2& Kick R forward, Step R down next to L, Kick L forward, Step L down next to R
3&4 Scuff R, Hitch R up slightly, Step R out next to left (feet apart)
Counts 3&4 are one smooth move
5-6-7-8 Roll hips around four times, or shake/bump hips left/right four times

VINE, STEP SIDE, SAILOR RIGHT, COASTER STEP ¼ TURN LEFT

1-2-3-4 Step R to right side, Cross Left behind R, Step R to right side, Step L to left side
5&6 Cross R behind L, Step L to left side, Step R to right side
7&8 Turn ¼ left stepping L back, Step R next L, Step L forward

REPEAT

TAG (at the end of wall 8 facing 12:00)

GANGSTA WALK, RUN, HEEL TWISTS WITH ¼ TURN LEFT

1-2-3-4 Cross R in front of L, Hold, Step L forward, Hold
5&6 Small run forward R, L, R
7-8 Twist heels 1/8 left, Twist heels 1/8 left

Repeat (counts 1-8) twice more time

When facing 3:00

GANGSTA WALK, ¼ TURN LEFT AND WALK BACK NAE NAE STYLE

1-2-3-4 Cross R in front of L, Hold, Step L forward, Hold
5-6-7-8 Turn ¼ left and walk back R, L, R, L

START OVER!

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