Ain't Your Mama

拍數: 32

級數: Low Intermediate

編舞者: Diana Liang (CN) - May 2017

音樂: Ain't Your Mama - Jennifer Lopez

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S1: shuffled	s, Pivot ¼ LT, shuffle, flick, cross chacha, pivot RT ¼
1&2	Rf diagonal forward on 1, Lf close to Rf on &, repeat 1 on 2, weight on Rf and facing 1:30
&3&4&	Pivot LT ¼ on &, Lf diagonal forward on 3, Ff close to Lf on &, repeat 3 on 4, Rf flick on &, facing 10:30
5&6	Rf cross over Lf on 5 and square, Lf close behind Rf on &, Rf cross over Lf on 6, facing 12:00
7-8	Lf side and ¼ pivot RT on 7, Rf forward on 8, facing 3:00
S2: shuffle,	Rock, Body Roll, RT, Rock
1&2	Lf diagonal forward on 1, Rf close to Lf on &, Lf diagonal forward on 2, facing 1:30
3-4	square and Rf stomp side on 3, Right Body roll using count 3-4, facing 12:00
5&6	Rf rock forward on 5, recover on Lf with RT ¼ on &, ¼ RT Lf forward on 6
7-8	Lf rock forward on 7, recover on Rf on 8, facing 9:00 (if following by restart, change to 7&8: Lf forward on 7, recover Rf on &, Lf close and take weight)
**2 Restarts	
	ie: on the 3rd round (after the 16 counts while facing 9:00) one: on the 6th round (after the 16 counts while facing 3:00)
S3: coaster	, side, ¼ LT, 1 full LT, ¼ LT pivot
1&2	Lf back on 1, Rf close to Lf on &, Lf forward on 2
3&4	Rf side on 3, ¼ LT Lf take weight, Rf slightly walk forward, facing 6:00
5&6	Lf forward with ¼ RT on 5, ½ RT Rf side on &, ¼ RT Lf forward on 6
7-8	Rf stomp side on 7, Right Body roll using count 7-8
S4: Cross E	Botafogos, small back shuffle, stomp
1&2	Rf cross over Lf on 1, Lf side on & and take weight, recover on Rf on 2 and Rf take weight
3&4	Lf cross over Rf on 3, Rf side on & and take weight, recover on Lf on 4 and Lf take weight
5&6	Rf back on 5, Lf close on &, Rf back on 6, with hands shaking for "no, no, no"
7-8	Lf stomp with hands apart on 7-8
Ending: 5-8	
5&6	Rf forward on 5, LT ½ Pivot with Lf cross in the front of Rf on &, Rf take weight in place on 6, facing 12:00
7-8	Lf stomp with hands apart on 7-8
Happy Dan	cing!
Contact: pr	ocankm@hotmail.com



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牆數:2