

# Bless My Soul

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jan Brookfield (UK) - May 2017  
音樂: In My World - Lindsey Buckingham & Christine McVie



(Start after 14 seconds /32 beats)

Alternative music : "Spinning Wheels" by Pete Boddis 120 BPM (start on vocals)  
Also: "Your Tattoo" by Sammy Kershaw

## Section 1 : (SIDE, CLOSE, FORWARD, TOUCH) x 2

1,2,3,4      Step R to right side, close L to R, step R forward, touch L next to R

5,6,7,8      Step L to left side, close R to L, step L forward, touch R next to L

## Section 2 : BACK TRACK FOR 8 COUNTS (STEP DIAGONALLY BACK, TOUCH) x 4

9,10      Step R diagonally back, touch L next to R

11,12      Step L diagonally back, touch R next to L

13,14      Step R diagonally back, touch L next to R

15,16      Step L diagonally back, touch R next to L

## Section 3 : SWAY x 2, STEP ¼ TURN, HOLD / CLAP, STEP ¼ TURN, HOLD /CLAP, STOMP x 2

17,18      Rock R out to right side swaying hips, recover weight on L swaying hips out to left

19,20      Making a quarter turn right step R forward, hold & optional clap or click

21,22      Making another quarter turn right step L to left side, hold & optional clap or click

23,24      Stomp R in place, stomp L in place (6 o'clock)

## Section 4 : SCISSORS STEP, TOE STRUT ACROSS, TOE STRUT ¼ TURN, STEP ½ PIVOT TURN

25,26      Step R to right side, close L to R;

27,28      R toe strut across in front of L (toes down first, then heel)

29,30      L toe strut forward making a quarter turn left (toes down first, then heel)

(NB. This feels like less than 1/4 , more like an 1/8 , because you are already angled slightly left because of the R toe strut going across in front of L)

31,32      Step R forward, pivot half turn over left shoulder, weight now on L ( 9 o'clock)

**KEEP IT GOING!**