

Cowgirl Surfer

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Alvaro Arienti (IT) - October 2016
音樂: Rave On - Nitty Gritty Dirt Band



S1 – SHUFFLE SIDE, KICK BALL CROSS, SHUFFLE SIDE, TOUCH x2 (KICK BALL CHANGE)

1&2 step R to right, step L beside R, step R to right
3&4 kick L fwd, step L beside R, cross R over L
5&6 step L to left, step R beside L, step L to left
7-8 touch R toe behind L, touch R toe behind L
(optional 7&8: kick R back, recover on R ball, step L beside R)

S2 – STEP, HITCH, STEP, TOUCH, ½ MONTEREY TURN

1-2 turn ¼ right & step R fwd, turn ¼ right & hitch left
3-4 step L to left, touch R toe beside L
5-8 touch R toe to right, turn ½ right & step R beside L, touch L toe to left, step L beside R

Insert here TAG on 1st, 2nd, 5th & 8th walls

S3 – TURNING TANDEM, STOMP, HOLD

1-2 kick R fwd, turning ¼ right step R on place & flick L back
3-4 kick L fwd, turning ¼ right step L on place & flick R back
5-8 turn ¼ right & kick R fwd, step R on place & flick L back, stomp L fwd, hold

S4 – JAZZ BOX, WAVE, STEP RIGHT, SCUFF, HITCH, STOMP UP

1-4 cross R over L, step L to left, turn ¼ right & step R to right, cross L over R
5&6& step R fwd, cross L behind R, step R to right, cross L over R
7&8& scuff R beside L, scoot L to right & hitch R, stomp up R, scoot L to right & hitch R

REPEAT

ENDING on 11th wall

Dance S1 & S2 then:

TURNING JAZZ BOX, STOMP x3

1-4 cross R over L, turn ¼ R & step L back, turn ¼ R & step R to right, step L fwd
5-7 stomp R fwd, stomp L beside R, stomp L fwd

TAG – STOMP X3, CLAP, SWIVEL TO LEFT, STOMP X3, CLAP, SWIVEL TO LEFT

1-4 stomp R beside L, stomp L beside R, stomp L fwd, clap to the right side of the head
5-8 swivel to L heel-toe-heel-toe
9-16 repeat 1-8

Insert TAG between S2 and S3 on 1st, 2nd, 5th & 8th walls

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