

Give U Up!

拍數: 32 牆數: 4 級數: Easy Intermediate
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音樂: Give U Up - CALVIN : (iTunes)



Notes: 16 count intro

Sailor Step, Cross Samba, Step Across, 1/4 Step Back, Side Shuffle

1&2 R Sailor Step – Step R behind L, Step L slightly to L, Step R to R side
3&4 Step L across R, Step R to R side, Step L in place
5,6 Step R across L, 1/4 Turn R step L back
7&8 Step R to R side, Step L next to R, Step R to R side (3.00)

Cross Samba, Cross Samba, Across, 1/8 Side, Across, 1/8 Side, Across, 1/8 Side, 1/8 Across

1&2 Step L across R, Step R to R side, Step L in place (moving slightly forward)
3&4 Step R across L, Step L to L side, Step R in place (moving slightly forward)
5&6& Step L across R, 1/8 Turn R step R to R side, Step L across R, 1/8 Turn R step R to R side
(6.00)
7&8 Step L across R, 1/8 Turn R step R to R side, 1/8 Turn R step L across R (9.00)

Step Side, Step Across, Touch Side, Step Across, Hitch, Step Across, 1/4 Turn, 1/4 Sailor Cross

&1,2 Step R to R side, Step L across R, Touch R toe to R side
3,4 Step R across L, Hitch L leg next to R knee
5,6 Step L across R, 1/4 Turn L step R back sweeping L back (6.00)
7&8 Keep sweeping L to make a 1/4 Turn L by stepping L behind R, Step R to R side, Step L
across R (3.00)

Step Side, Step Behind, 1/4 Turn, 1/2 Pivot Turn, Step Fwd, 1/2 Turn, 1/4 Turn

1,2 Step R to R side, Step L behind R
3 1/4 Turn R step R fwd (6.00)
4,5,6 Step L fwd, 1/2 Pivot Turn R, Step L fwd (12.00)
7,8 1/2 Turn L step R back, 1/4 Turn L step L to L side (weight on L) (3.00)

START AGAIN

FINISH: Finish Wall 11 to 9 O'Clock Wall, then do a Right turning Sailor Quarter Forward 1&2 to finish.

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