

Attention

拍數: 32 牆數: 2 級數: Improver
編舞者: Marylène Bocquet (FR) - May 2017
音樂: Attention - Charlie Puth



Introduction : □16 Count intro.

Section 1: □WALK R,L; OUT, OUT, IN, IN; POINT; RIGHT SAILOR STEP, RIGHT HITCH POINT

1 - 2 Step R forward, □step L forward,
&3 &4 Out, Out, In, In : Step forward on R, Step forward on L, Step back on R, Step back on L,
5 Touch right foot to right side,
6&7 R. Sailor step: Cross R foot behind L, step L to L side, step R to R side ,
&8 Hitch R, Touch right foot to right side

Section 2: □WALK R,L; MAMBO ½ TURN RIGHT; WALK L,R; CHASSE LEFT ON LEFT DIAGONAL; TOUCH

1 - 2 Step R forward, □step L forward,
3 & 4 Rock fwd on R (3), Recover on L (&), Turn ½ R stepping fwd. R (3), - □6 o'clock
5 - 6 Step L forward, □step R forward,
7& 8& Shuffle forward on left In L diagonal, (L-R-L), Touch R beside L (&), - □6 o'clock'

Section 3: □STEP TOUCH, STEP TOUCH, CHASSE R, SAILOR ¼ L, MAMBO RIGHT WITH HIP BUMP

1& 2& Step R to right side (1) , Touch L next R (&), Step L to left side (2), Touch R next to L (3)
3 & 4 Chassé to right side, (R-L-R)
5 & 6 L. Sailor step with a ¼ turn left: Cross L foot behind R, Step R to R , Step L to L side with ¼ turn L - 3 o'clock
7&8 R. mambo with a bump : Rock step out to R, recover weight on L, Step R next to L with hip bump

STYLING NOTE : (Bend your knees) when you do the mambo

Section 4: SIDE TOGETHER – CHASSE LEFT – STEP TOUCH ¼ LEFT X2 TOUCH FORWARD - BOUNCE X2 ¼ L

1-2 Step L to left side, step R next to L
3&4 Chassé left (L-R-L)
5& Pivoting ¼ left step right to right side (weight on right) (5), Touch left next to right (&), - □12 o'clock
6& Pivoting ¼ left step left forward (weight on left) (6), scuff right foot (&), - 9 o'clock
7&8 Step R forward (7) , Bounce 1/8 L (&) Bounce 1/8 left (8) weight on L - 6 o'clock

TAG: 4 COUNTS AT THE END OF WALL 7, FACING 12 O'CLOCK

1-2 Body roll : With R foot forward make a forward body roll over to L foot on a count of
3-4 Body roll : With R foot forward make a forward body roll over to L foot on a count of

Easy option for the TAG

1-2-3-4 Rocking Chair : Rock step R forward, recover on L foot, rock step R backwards, recover on L foot.

A big thank you to my friend Greg, who does the English translations for all my dances.

DON'T FORGET TO SMILE AND HAVE FUN – PEOPLE MAY BE WATCHING!

Contact: bocquetfamily1@free.fr

